### **CKD** classification

### Pierre Delanaye, MD, PhD Nephrology, Dialysis, Transplantation CHU Sart Tilman University of Liège BELGIUM



# Defining normality in medicine...

- Difficult (at least not so simple)
- Relevant
- Sometimes « dangerous » (risk of «oversimplification»)

# International guidelines in Nephrology



VOLUME 3 | ISSUE 1 | JANUARY 2013 http://www.kidney-international.org

	GFR categories in C	<b>KD</b> Chronic Kidney Disease
GFR category	GFR (ml/min/1.73 m <sup>2</sup> )	Terms
G1	≥90	Normal or high
G2	60-89	Mildly decreased*
G3a	(45-59)	Mildly to moderately decreased
G3b	30-44	Moderately to severely decreased
G4	15–29	Severely decreased
G5	<15	Kidney failure

Abbreviations: CKD, chronic kidney disease; GFR, glomerular filtration rate.

\*Relative to young adult level

In the absence of evidence of kidney damage, neither GFR category G1 nor G2 fulfill the criteria for CKD.

In the absence of evidence of kidney damage, neither GFR category G1 nor G2 fulfill the criteria for CKD.

#### 1.4.1: Evaluation of chronicity

- 1.4.1.1: In people with GFR <60 ml/min/1.73 m<sup>2</sup> (GFR categories G3a-G5) or markers of kidney damage, review past history and previous measurements to determine duration of kidney disease. (*Not Graded*)
  - If duration is >3 months, CKD is confirmed. Follow recommendations for CKD.
  - If duration is not >3 months or unclear, CKD is <u>not</u> confirmed. Patients may have CKD or acute kidney diseases (including AKI) or both and tests should be repeated accordingly.

# 60 mL/min/1.73 m<sup>2</sup>

### Justification of this cut-off

- Half of normal measured GFR but arbitrary
- Simplicity
- Because GFR < 60 mL/min/1.73 m<sup>2</sup> is associated with a higher mortality risk

#### Associations of kidney disease measures with mortality and end-stage renal disease in individuals with and without diabetes: a meta-analysis

Caroline S Fox, Kunihiro Matsushita, Mark Woodward, Henk J G Bilo, John Chalmers, Hiddo J Lambers Heerspink, Brian J Lee, Robert M Perkins, Peter Rossing, Toshimi Sairenchi, Marcello Tonelli, Joseph A Vassalotti, Kazumasa Yamagishi, Josef Coresh, Paul E de Jong, Chi-Pang Wen, Robert G Nelson, for the Chronic Kidney Disease Prognosis Consortium

#### Associations of kidney disease measures with mortality and end-stage renal disease in individuals with and without hypertension: a meta-analysis

Bakhtawar K Mahmoodi, Kunihiro Matsushita, Mark Woodward, Peter J Blankestijn, Massimo Cirillo, Takayoshi Ohkubo, Peter Rossing, Mark J Sarnak, Bénédicte Stengel, Kazumasa Yamagishi, Kentaro Yamashita, Luxia Zhang, Josef Coresh, Paul E de Jong, Brad C Astor, for the Chronic Kidney Disease Prognosis Consortium

#### **ONLINE FIRST**

### Age and Association of Kidney Measures With Mortality and End-stage Renal Disease

*BMJ* 2013;346:f324 doi: 10.1136/bmj.f324 (Published 29 January 2013)

Page 1 of 14

#### RESEARCH

Associations of estimated glomerular filtration rate and albuminuria with mortality and renal failure by sex: a meta-analysis

COPEN ACCESS

#### Association of estimated glomerular filtration rate and albuminuria with all-cause and cardiovascular mortality in general population cohorts: a collaborative meta-analysis

Chronic Kidney Disease Prognosis Consortium\*

Lancet 2010; 375: 2073–81



Figure 2: Hazard ratios and 95% CIs for all-cause and cardiovascular mortality according to spline estimated glomerular filtration rate (eGFR) and albumin-to-creatinine ratio (ACR)

Hazard ratios and 95% CIs (shaded areas) according to eGFR (A, C) and ACR (B, D) adjusted for each other, age, sex, ethnic origin, history of cardiovascular disease, systolic blood pressure, diabetes, smoking, and total cholesterol. The reference (diamond) was eGFR 95 mL/min/1-73 m<sup>2</sup> and ACR 5 mg/g (0.6 mg/mmol), respectively. Circles represent statistically significant and triangles represent not significant. ACR plotted in mg/g. To convert ACR in mg/g to mg/mmol multiply by 0-113. Approximate conversions to mg/mmol are shown in parentheses.

- 105,872 subjects from 14 studies with ACR
- 1,128,310 subjects from 7 studies with dipstick

			Persistent albuminuria categories Description and range					
D	rogno	sis of CKD by GFB	A1	A2	A3			
an	d Albu	Minuria Categories: KDIGO 2012	Normal to mildly increased	Moderately increased	Severely increased			
				<30 mg/g <3 mg/mmol	30-300 mg/g 3-30 mg/mmol	>300 mg/g >30 mg/mmol		
<sup>2</sup> )	G1	Normal or high	≥90					
V 1.73m inge	G2	Mildly decreased	60-89					
(ml/mir n and ra	G3a	Mildly to moderately decreased	45-59					
egories scription	G3b	Moderately to severely decreased	30-44					
GFR cat De:	G4	Severely decreased	15-29					
	G5	Kidney failure	<15					

**Figure 9 Prognosis of CKD by GFR and albuminuria category.** Green, low risk (if no other markers of kidney disease, no CKD); Yellow, moderately increased risk; Orange, high risk; Red, very high risk. CKD, chronic kidney disease; GFR, glomerular filtration rate; KDIGO, Kidney Disease: Improving Global Outcomes. Modified with permission from Macmillan Publishers Ltd: *Kidney International*. Levey AS, de Jong PE, Coresh J, et al.<sup>30</sup> The definition, classification, and prognosis of chronic kidney disease: a KDIGO controversies conference report. Kidney Int 2011; 80: 17-28; accessed http://www.nature.com/ki/journal/v80/n1/full/ki2010483a.html

- Impressive sample but...
- Observational
- Estimated GFR
- Jaffe and non (or few) calibrated creatinine
- Not confirmed at 3 months
- Statistics



Why to focus on the elderly?

# Why does it matter in the elderly?

- Aging is not a disease
- Aging is the highest risk factor for mortality
- Aging is « normally » associated with decline in functions
- ...and this is also the case for GFR...



GFR measured by <sup>51</sup>Cr-EDTA in 904 living kidney donors

Blake GM et al, Int Urol Nephrol, 2013, p1445

- Healthy population in the Netherlands
- CKD-EPI equation to estimate GFR
- No diabetes, no hypertension, no specific therapy, no albuminuria
- 1663 men 2073 women

Nephrol Dial Transplant (2011) 26: 3176–3181 doi: 10.1093/ndt/gfr003 Advance Access publication 16 February 2011

### Introduction of the CKD-EPI equation to estimate glomerular filtration rate in a Caucasian population

Jan A.J.G. van den Brand<sup>1</sup>, Gerben A.J. van Boekel<sup>1</sup>, Hans L. Willems<sup>2</sup>, Lambertus A.L.M. Kiemeney<sup>3</sup>, Martin den Heijer<sup>3,4</sup> and Jack F.M. Wetzels<sup>1</sup>

<sup>1</sup>Department of Nephrology, Radboud University Nijmegen Medical Centre, Nijmegen, The Netherlands, <sup>2</sup>Department of Laboratory Medicine, Radboud University Medical Centre, Nijmegen, The Netherlands, <sup>3</sup>Department of Epidemiology, Biostatistics and Health Technology Assessment, Radboud University Medical Centre, Nijmegen, The Netherlands and <sup>4</sup>Department of Endocrinology, Radboud University Medical Centre, Nijmegen, The Netherlands



eGFR

### So...

• A unique cut-off overestimates CK<u>D</u> in the elderly

But...

- What about the prognostic argument?
- Is it relevant from an epidemiological point of view?
- Is it nihilism?
- Do we have an alternative?

# Justifying the choice of an equation and/or a threshold because a better prognostic performance is questionable and confusing

#### Comparison of Risk Prediction Using the CKD-EPI Equation and the MDRD Study Equation for Estimated Glomerular Filtration Rate

Kunihiro Matsushita, MD, PhD
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Mark Woodward, PhD
Jonathan R. Emberson, PhD
Tazeen H. Jafar, MD, MPH
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Kevan R. Polkinghorne, FRACP, PhD
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I OMERULAR FILTRATION RATE

LOMERULAR FILTRATION RATE (GFR) is used in the diagnosis of chronic kidney disease (CKD)<sup>1,2</sup> and is an independent predictor of all-cause and cardiovascular mortality and kidney failure in a wide range of populations.<sup>3,6</sup> Clinical guidelines recommend reporting estimated GFR when serum creatinine level is measured<sup>1,2</sup>; 84% of US laboratories report estimated GFR.<sup>7</sup> Although the Modification of Diet in Renal Disease (MDRD) Study equation is recommended for estimating GFR,<sup>1,2,8,9</sup> the Chronic Kidney **Context** The Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) equation more accurately estimates glomerular filtration rate (CFR) than the Modification of Diet in Renal Disease (MDRD) Study equation using the same variables, especially at higher GFR, but definitive evidence of its risk implications in diverse settings is lacking.

**Objective** To evaluate risk implications of estimated GFR using the CKD-EPI equation compared with the MDRD Study equation in populations with a broad range of demographic and clinical characteristics.

**Design, Setting, and Participants** A meta-analysis of data from 1.1 million adults (aged  $\geq$  18 years) from 25 general population cohorts, 7 high-risk cohorts (of vascular disease), and 13 CKD cohorts. Data transfer and analyses were conducted between March 2011 and March 2012.

Main Outcome Measures All-cause mortality (84 482 deaths from 40 cohorts), cardiovascular mortality (22 176 events from 28 cohorts), and end-stage renal disease (ESRD) (7644 events from 21 cohorts) during 9.4 million person-years of follow-up; the median of mean follow-up time across cohorts was 7.4 years (interquartile range, 4.2-10.5 years).

**Results** Estimated GFR was classified into 6 categories (≥90, 60-89, 45-59, 30-44, 15-29, and <15 mL/min/1.73 m<sup>2</sup>) by both equations. Compared with the MDRD Study equation, 24.4% and 0.6% of participants from general population cohorts were reclassified to a higher and lower estimated GFR category, respectively, by the CKD-EPI equation, and the prevalence of CKD stages 3 to 5 (estimated GFR <60 mL/min/1.73 m<sup>2</sup>) was reduced from 8.7% to 6.3%. In estimated GFR of 45 to 59 mL/min/1.73 m<sup>2</sup> by the MDRD Study equation, 34.7% of participants were reclassified to estimated GFR of 60 to 89 mL/min/1.73 m<sup>2</sup> by the CKD-EPI equation and had lower incidence rates (per 1000 personyears) for the outcomes of interest (9.9 vs 34.5 for all-cause mortality, 2.7 vs 13.0 for cardiovascular mortality, and 0.5 vs 0.8 for ESRD) compared with those not reclassified. The corresponding adjusted hazard ratios were 0.80 (95% CI, 0.74-0.86) for all-cause mortality, 0.73 (95% CI, 0.65-0.82) for cardiovascular mortality, and 0.49 (95% CI, 0.27-0.88) for ESRD. Similar findings were observed in other estimated GFR categories by the MDRD Study equation. Net reclassification improvement based on estimated GFR categories was significantly positive for all outcomes (range, 0.06-0.13; all P < .001). Net reclassification improvement was similarly positive in most subgroups defined by age (<65years and  $\geq$ 65 years), sex, race/ethnicity (white, Asian, and black), and presence or absence of diabetes and hypertension. The results in the high-risk and CKD cohorts were largely consistent with the general population cohorts.

**Conclusion** The CKD-EPI equation classified fewer individuals as having CKD and more accurately categorized the risk for mortality and ESRD than did the MDRD Study equation across a broad range of populations.

JAMA. 2012;307(18):1941-1951

www.jama.com

### **BMJ Open** Glomerular filtration rate (GFR) during and after STEMI: a single-centre, methodological study comparing estimated and measured GFR

Dimitrios Venetsanos, Joakim Alfredsson, Mårten Segelmark, Eva Swahn, Sofia Sederholm Lawesson

#### N = 40

Table 4 Correlation, bias, precision and accuracy (P30) of prediction equations to estimate relative mGFR (mL/min/1.73 m <sup>2</sup> )								
At discharge	Correlation (R)	Bias, median error (%)	Precision (IQR), mL/min/1.73 m <sup>2</sup>	P30 (95% Cl)				
CG	0.73	-1.2 (-1.3)	22.5	75.0% (62% to 88%)				
MDRD-IDMS	0.78	-0.8 (-1.3)	17.9	82.5% (70.5% to 94.5%)				
CKD-EPI	0.81	0.9 (1.5)	17.1	82.5% (70.5% to 94.5%)				
rG-CystC	0.89	-12.2 (-17.8)	14.8	80.0% (68% to 92%)				

Bias was defined as the median percentage error between eGFR and mGFR; positive values indicate an overestimation of mGFR. Precision was assessed as the IQR expressed in mL/min/1.73 m<sup>2</sup> of the difference eGFR—mGFR. Accuracy within 30% (P30) was the percentage of estimates within 30% of mGFR. Correlation between eGFR and mGFR was reported as correlation coefficients (R). CG, Cockcroft-Gault; CKD-EPI, Chronic Kidney Disease-Epidemiology Collaboration; eGFR, estimated glomerular filtration rate; mGFR, measured GFR; MDRD-IDMS, Modification of Diet in Renal Disease—Isotope Dilution Mass Spectrometry; rG-CystC, relative Grubb cystatin C.

#### **Cockcroft is the worst to estimate mGFR**

#### **Open Access**

**BMJ Open** Prevalence and prognostic impact of chronic kidney disease in STEMI from a gender perspective: data from the SWEDEHEART register, a large Swedish prospective cohort

Sofia Sederholm Lawesson,<sup>1</sup> Joakim Alfredsson,<sup>1</sup> Karolina Szummer,<sup>2</sup> Mats Fredrikson,<sup>3</sup> Eva Swahn<sup>1</sup>

N=37,991

Even though the two renal function equations both incorporate age in the equation, they handle the variables differently mathematically. In the present study, we could show that prognosis following an MI, both shortterm and long term, is better described by the CG formula in men and women, and this is consistent with previous studies.<sup>9</sup>

- Estimation GFR
- Prediction of outcomes
- DIFFERENT TOPICS

## Back to the « prognostic » argument

#### ORIGINAL CONTRIBUTION

#### **ONLINE FIRST**

### Age and Association of Kidney Measures With Mortality and End-stage Renal Disease

Stein I. Hallan, MD, PhD
Kunihiro Matsushita, MD, PhD
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#### JAMA. 2012;308(22):2349-2360

N=2,051,044

33 general or high risk cohorts

13 CKD cohorts

Mean follow-up: 5.3 years

Figure 1. Adjusted Hazard Ratios (HRs) for All-Cause Mortality and Mean Mortality Rates According to eGFR and ACR Within Each Age Category



## Once again...

- Impressive sample but...
- Estimated GFR
- Jaffe and non (or few) calibrated creatinine
- Not confirmed at 3 months
- Age is a variable of the equation



### So...

• A unique cut-off overestimates CK<u>D</u> in the elderly

But...

• What about the prognostic argument? It can be challenged...

Stage 3A (without other kidney damage) is not CKD in the elderly

- Is it relevant from an epidemiological point of view?
- Is it nihilism?
- Do we have an alternative?

# Is it relevant or purely semantic?

#### CKD prevalence: 11.5% CKD prevalence based on eGFR only: 4.8%

				Persiste De	nt albuminuria ca scription and rar	ategories ige	
I	Percentage of US Population by A1 A2 A3					A3	
	Categ	jory: KDIGO 2012 and HANES 1999-2006		Normal to mildly increased	Moderately increased	Severely increased	
				<30 mg/g <3 mg/mmol	30-300 mg/g 3-30 mg/mmol	>300 mg/g >30mg/mmol	
5	G1	Normal or high	≥90	55.6	1.9	0.4	57.9
t categories (ml/min/ 1.73m Description and range	G2	Mildly decreased			2	0.3	35.4
	G3a	Mildly to moderately decreased	45-59	3.6	(.8	0.2	4.6
	G3b	Moderately to severely decreased	00-44	1.0	4	0.2	1.6
	G4	Severely decreased	15-29	0.2	0.1	0.1	0.4
GFI	G5	Kidney failure	<15	0.0	0.0	0.1	0.1
				93.2	5.4	1.3	100.0

# Prevalence of stage 3 according to age in NHANES study



# Characteristics of CKD populations



Courtesy by RJ Glassock, Adapted from James MT, et al Lancet 375:1296, 2010

# Data from Belgium (Liège)

Delanaye et al. BMC Nephrology 2013, 14:57 http://www.biomedcentral.com/1471-2369/14/57



#### **RESEARCH ARTICLE**



Creatinine-or cystatin C-based equations to estimate glomerular filtration in the general population: impact on the epidemiology of chronic kidney disease

Pierre Delanaye<sup>1\*</sup>, Etienne Cavalier<sup>2</sup>, Olivier Moranne<sup>3</sup>, Laurence Lutteri<sup>2</sup>, Jean-Marie Krzesinski<sup>1</sup> and Olivier Bruyère<sup>4</sup>

CKD screening (bus) on a voluntary basis, >50 y n=4189, Mean age:63<sub>±</sub>7 y

- If CKD is defined as <u>eGFR<60</u> mL/min/1.73 m<sup>2</sup>, CKD prevalence is 9.81%
- If CKD is defined as <u>eGFR<60</u> mL/min/1.73 m<sup>2</sup> for <u>younger than 65 y</u> AND <u>eGFR<45</u> mL/min/1.73 m<sup>2</sup> for <u>older than 65 y</u>, CKD prevalence is 4.37%

### So...

• A unique cut-off overestimates CK<u>D</u> in the elderly

But...

- What about the prognostic argument?
- Is it relevant from an epidemiological point of view? The impact on the epidemiology (epidemic?) of CKD is high!
- Is it nihilism?
- Do we have an alternative?

# Is it nihilism?



All things are subject to interpretation whichever interpretation prevails at a given time is a function of power and not truth.

(Friedrich Nietzsche)

Research

#### Original Investigation

### Interpreting Treatment Effects From Clinical Trials in the Context of Real-World Risk Information End-Stage Renal Disease Prevention in Older Adults

Ann M. O'Hare, MA, MD; John R. Hotchkiss, MD; Manjula Kurella Tamura, MD, MPH; Eric B. Larson, MD, MPH; Brenda R. Hemmelgarn, MD, PhD; Adam Batten, BA; Thy P. Do, PhD; Kenneth E. Covinsky, MD, MPH

JAMA Intern Med. 2014;174(3):391-397.

VA Age>70 y Mean age: 77.8 ± 4.6 y eGFR: 48 ± 11.7 ml/min/1.73 m<sup>2</sup> n=371.470

# Protective effect of ACE inhibitors to prevent ESRD

Table 1. Entry Criteria and Outcomes of Major Trials Reporting a Protective Effect of ACE Inhibitors or ARBs on Progression to ESRD

					Entry Crite		teria I		Mortality, %		ESRD, %		ESRD Outcomes <sup>a</sup>	
Source	No. of Patients	Intervention	Mean FU, y	Age, y	DM	Renal Function	Dipstick Proteinuria Measurement	Control Group	INT Group	Control Group	INT Group	RRR, %	ARR, %	NNT
Brenner et al, <sup>18</sup> 2001	1513	Losartan potassium vs placebo	3.4	31-70	Yes	Scr level, 1.3-3.0 mg/dL	ACR >300 mg/g	20.3	21.0	25.5	19.6	23.0	5.9	17
Lewis et al, <sup>19</sup> 1993	409	Captopril vs placebo	3.0	18-49	Yes	Scr level, ≤2.5 mg/dL	Urine protein level, ≥500 mg/g	6.9	3.9	15.4	9.7	37.0	5.7	18
Ruggenenti et al, <sup>20</sup> 1999	352	Ramipril vs placebo	2.6	18-70	Type 1 DM excluded	CrCl, 20-70 mL/min	Stratum 1: urine protein level ≥1 and <3 g/d	0	1.0	20.7	9.1	56.0	11.6	9
Agodoa et al, <sup>21</sup> 2001	1094	Ramipril vs amlodipine besylate	3.0	18-70	No	GFR, 20-65 mL/min/ 1.73 m <sup>2</sup>	Urinary ratio of protein to creatinine levels, ≤2.5 mg/mg	6.0	4.1	14.8	10.8	27.0	4.0	25



Figure. Number Needed to Treat (NNT) to Prevent 1 Case of End-Stage Renal Disease (ESRD) Over 10 Years

The NNT is calculated assuming a 30% reduction in relative risk over 10 years.

## So...

• A unique cut-off overestimates CK<u>D</u> in the elderly

But...

- What about the prognostic argument?
- Is it relevant from an epidemiological point of view?
- Is it nihilism?
- No, but to include the « true » CKD patients in future RCT and prevent disillusions if healthy subjects are actually included
- Do we have an alternative?

### Alternatives

Percentiles (like pediatrics)





- Too complex...
- ...maybe not with help from labs...

### Alternatives

- Stage 3A (without any kidney damage) is not CKD anymore if age > 65 years
- Stage 3B and 45 mL/min become the pathological level if age > 65 years

Prognosis of CKD by GFR and albuminuria category

			Persisten Des	t albuminuria cat cription and ran	tegories ge	
P	rogno	sis of CKD by GEP	A1	A2	A3	
an	d Albu	uminuria Categories: KDIGO 2012	Normal to mildly increased	Moderately increased	Severely increased	
				<30 mg/g <3 mg/mmol	30-300 mg/g 3-30 mg/mmol	>300 mg/g >30 mg/mmol
m <sup>2</sup> )	G1	Normal or high	≥90			
V 1.73 ange	G2	Mildly decreased	60-89			
ml/mir and r	G3a	Mildly to moderately decreased	45-59	>65 y ≤65 y		
ories (	G3b	Moderately to severely decreased	30-44			
categ	G4	Severely decreased	15-29			
GFR	G5	Kidney failure	<15			

Green: low risk (if no other markers of kidney disease, no CKD); Yellow: moderately increased risk; Orange: high risk; Red, very high risk.

# With the unique threshold...

- We miss also young CKD patients...
- A 25 years old patient with an eGFR at 70 mL/min or 65 mL/min: is it really normal?



Men

 We also propose that eGFR threshold for CKD is 75 mL/min for subjects younger than 40 y

Pediatr Nephrol (2015) 30:821–828 DOI 10.1007/s00467-014-3002-5

ORIGINAL ARTICLE

# Abnormal glomerular filtration rate in children, adolescents and young adults starts below 75 mL/min/1.73 m<sup>2</sup>

Hans Pottel · Liesbeth Hoste · Pierre Delanaye

#### Chronic kidney disease, hypertension, diabetes, and obesity in the adult population of Morocco: how to avoid "over"- and "under"-diagnosis of CKD

Mohammed Benghanem Gharbi<sup>1,6</sup>, Monique Elseviers<sup>2,6</sup>, Mohamed Zamd<sup>1</sup>, Abdelali Belghiti Alaoui<sup>3</sup>, Naïma Benahadi<sup>3</sup>, El Hassane Trabelssi<sup>3</sup>, Rabia Bayahia<sup>4</sup>, Benyounès Ramdani<sup>1</sup> and Marc E. De Broe<sup>5,6</sup>

<sup>1</sup>Faculty of Medicine and Pharmacy, University Hassan II, Casablanca, Morocco; <sup>2</sup>Department of Biostatistics, Center for Research and Innovation in Care, University of Antwerp, Antwerp, Belgium; <sup>3</sup>Ministry of Health, Rabat, Morocco; <sup>4</sup>Faculty of Medicine and Pharmacy, University Mohammed V, Rabat, Morocco; and <sup>5</sup>University of Antwerp, Antwerp, Belgium

- Two Moroccan towns
- 26-70y, n=10,524
- Creatinine and disptick
- Chronicity confirmed at 3 months

Chronicity of decreased eGFR was investigated in 78.9% of the subjects (n = 285) with CKD3A, 3B, 4, and 5. The remaining were deceased or lost to follow-up. The majority (75%) of false positives were found in the subjects with CKD3A. Thirty-two percent of the CKD3A subjects and 7.4% of the CKD3B subjects had an eGFR >60 ml/min/ 1.73 m<sup>2</sup> when reinvestigated after 3 months or longer. Subjects with CKD4 and 5 (n = 51) remained in these low eGFR categories, and 11 were on dialysis, died, or lost to follow-up after 3 months or longer.

32% false + in CKD3a



**Fig. 2.** Estimated glomerular filtration rate (eGFR) distribution showing the 3rd, 10th, 25th, 50th, 75th, 90th and 97th percentile within the gender and age categories (n = 10,524). The "normal" decline in eGFR of the study population is 0.75 mL/min/1.73 m<sup>2</sup> per year. From [22] with permission.



Clinical Kidney Journal, 2017, 1–5

doi: 10.1093/ckj/sfw154 Editorial Comment

#### EDITORIAL COMMENT

### Epidemiology of chronic kidney disease: think (at least) twice!

#### Pierre Delanaye<sup>1</sup>, Richard J. Glassock<sup>2</sup> and Marc E. De Broe<sup>3</sup>

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# Conclusions

- Defining normality is not easy
- There is still debate to know if elderly with decreased GFR (and no albuminuria) suffer from *Disease*
- Decreasing GFR with aging is physiological
- Age-calibration for CKD definition could help for
  - $\blacktriangleright$  a better apprehension of the CKD epidemiology
  - ➤ is considered in hypertension (see JNC-8 guidelines)
  - $\blacktriangleright$  a better focus on diseased patients for future interventional RCT
  - ➤ reassure the elderly subject with "normal" decreased GFR without albuminuria, diabetes nor HTA
  - ➢ in the elderly, "primum non nocere" is important
- KDIGO should evolve !

#### VIEWPOINT

# An Age-Calibrated Classification of Chronic Kidney Disease

Richard Glassock, MD Geffen School of

Medicine, University of California-Los Angeles, Laguna Niguel, California. Should current guidelines be changed to require age calibration for diagnosis and classification of chronic kidney disease? – Yes.

#### Pierre Delanaye, MD, PhD Department of Nephrology, Dialysis,

and Transplantation, University of Liege, Liege, Belgium.

Meguid El Nahas, MD, PhD, FRCP Sheffield Kidney Institute, Global Kidney Academy, Sheffield, England.

#### JAMA August 11, 2015 Volume 314, Number 6

#### VIEWPOINT

#### Chronic Kidney Disease in Older People

Should current guidelines be changed to rec calibration for diagnosis and classification o kidney disease? – No.

#### Lesley A. Inker, MD,

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Boston, Massachusetts,

MS Division of Nephrology, Tufts Medical Center, Boston, Massachusetts.

#### Josef Coresh, MD, PhD

Departments of Epidemiology, Biostatistics, and Medicine, Johns Hopkins University, Baltimore, Maryland.



"There are no norms. All people are exceptions to a rule that doesn't exist." — <u>Fernando Pessoa</u>

# Thank you for your attention