

# Conduite à tenir devant une hyperlymphocytose

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# Définition

- Présence d'un taux excessif de lymphocytes sur l'hémogramme
  - $> 4500/\text{mm}^3$  chez un adulte
  - $> 8000/\text{mm}^3$  chez un enfant (lymphocytose physiologique jusqu'à 2 ans et dans moindre mesure jusqu'à 8-10 ans)

# Problèmes techniques

- confusion avec un syndrome mononucléosique
- confusion avec des cellules lymphoïdes atypiques (p.ex. tricholeucocytes)
- confusion petits blastes de leucémie aiguë lymphoblastique

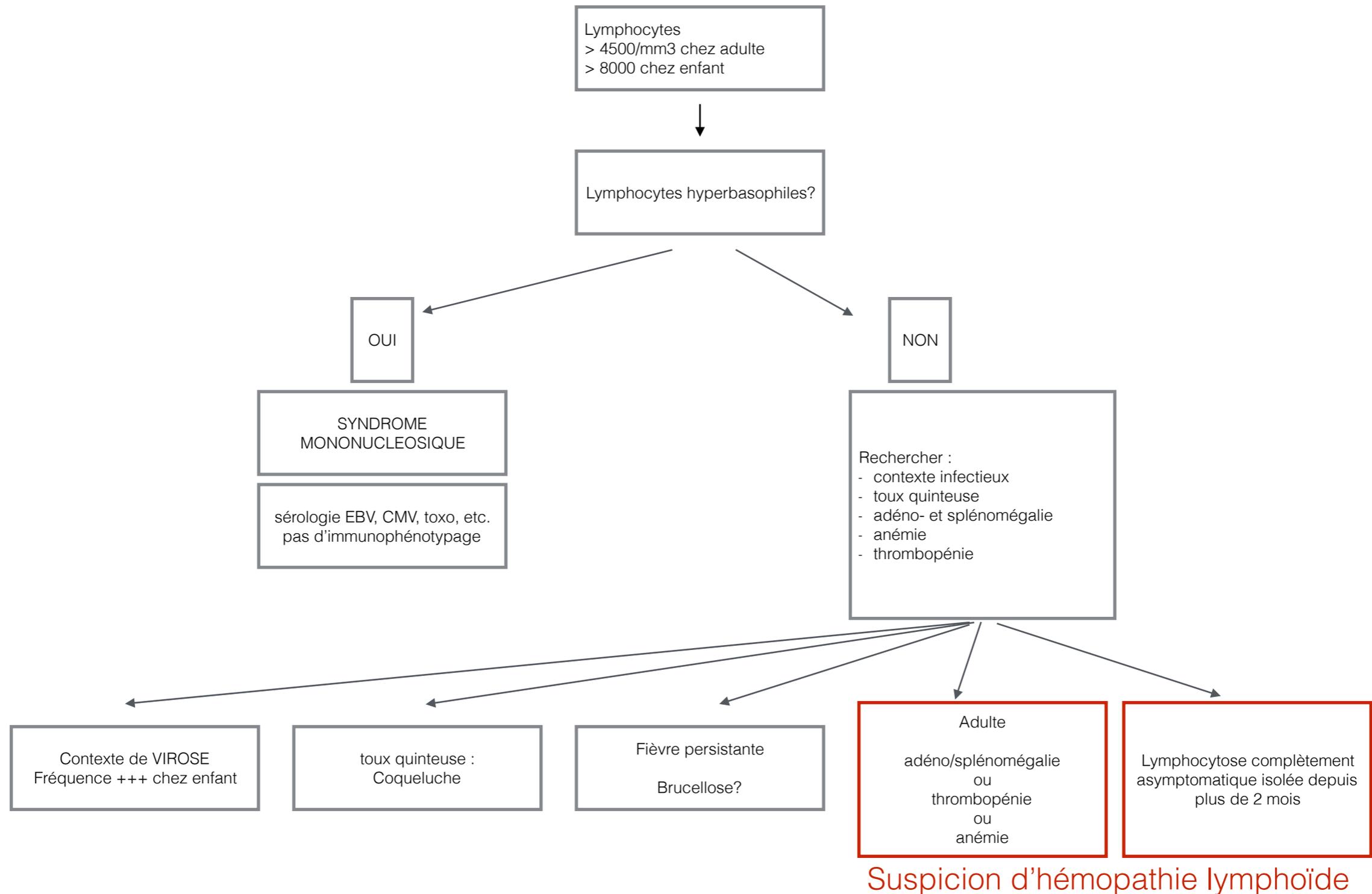
# conséquences ?

- les hyperlymphocytoses même importantes n'ont habituellement pas de conséquence
- la viscosité sanguine n'est augmentée que pour des chiffres  $> 500\ 000/\text{mm}^3$

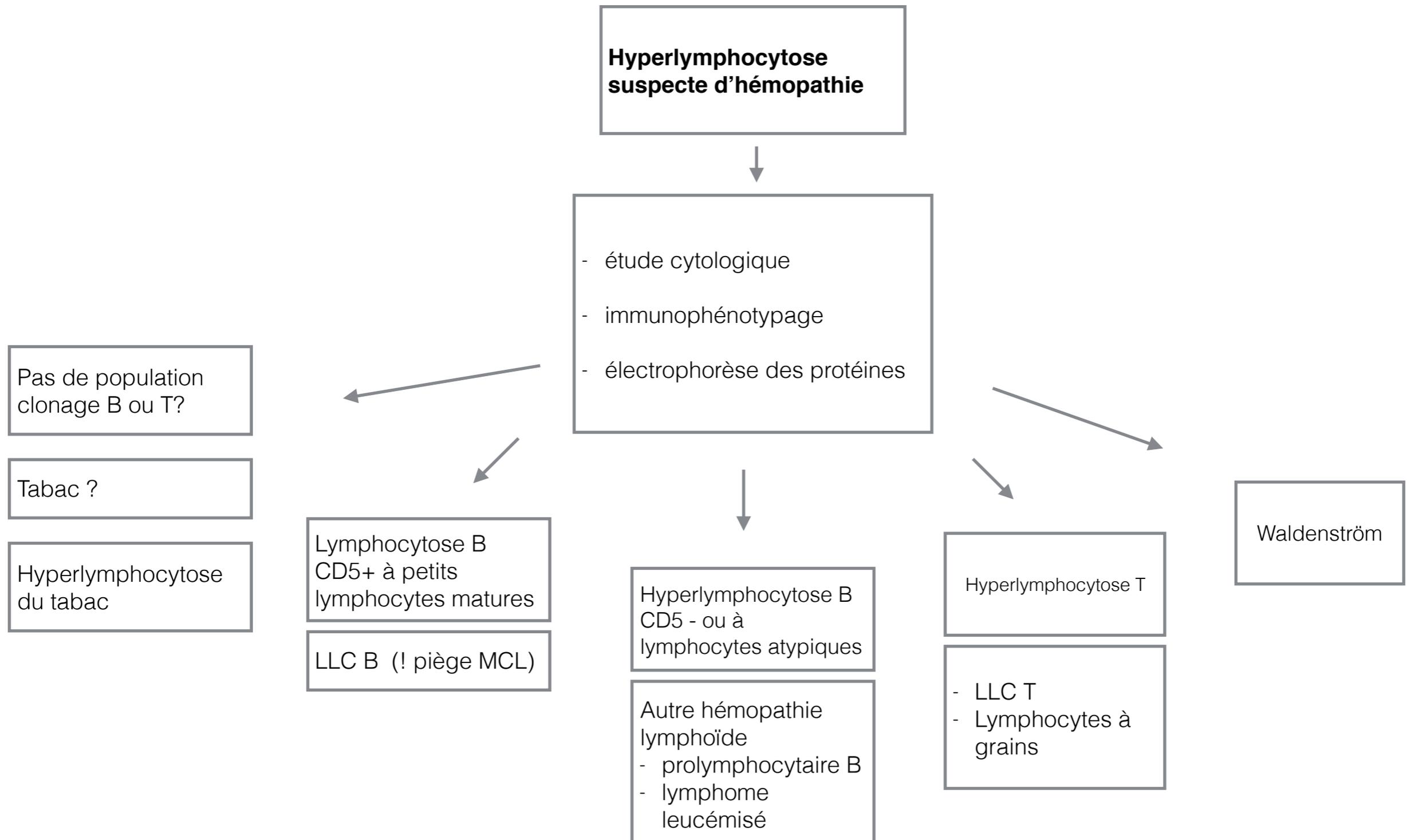
# Diagnostic etiologique

- Réactionnelle
- Pathologie infectieuse (cause n°1 chez l'enfant)
  - Coqueluche (lymphocytose élevée 15-30 Giga/L parfois 100!) et Maladie de Carl-Smith (pratiquement asymptomatique en dehors d'un éventuel syndrome fébrile et de rash cutané, rarement > 50 Giga/L)
  - Adénoviroses et viroses non spécifiques
  - Plus rarement : brucellose, thyreotoxicose, syphilis, tuberculose, rickettsioses, endocardite bactérienne
- Hémopathie lymphoïde

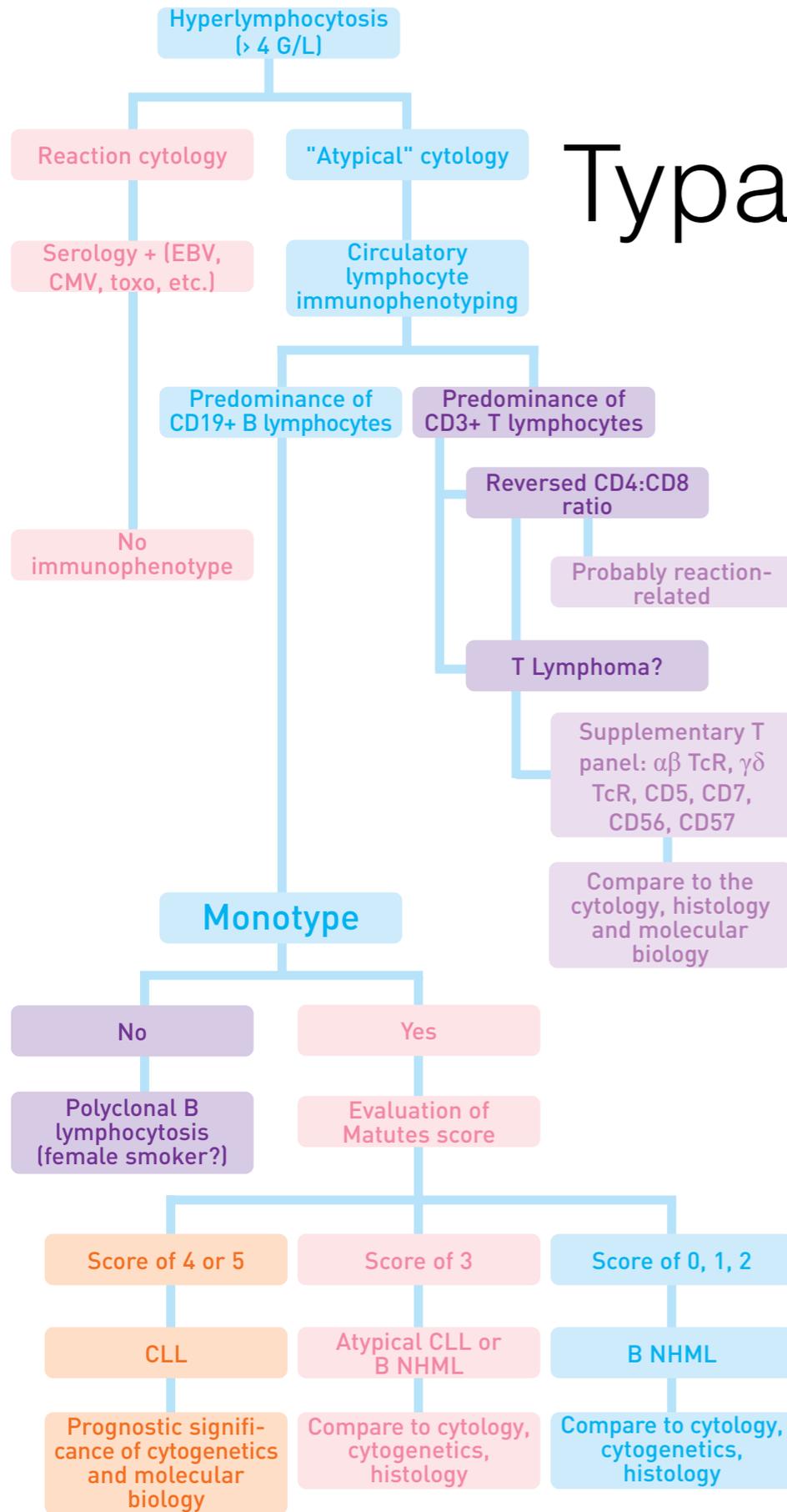
# Diagnostic etiologique



# Diagnostic étiologique



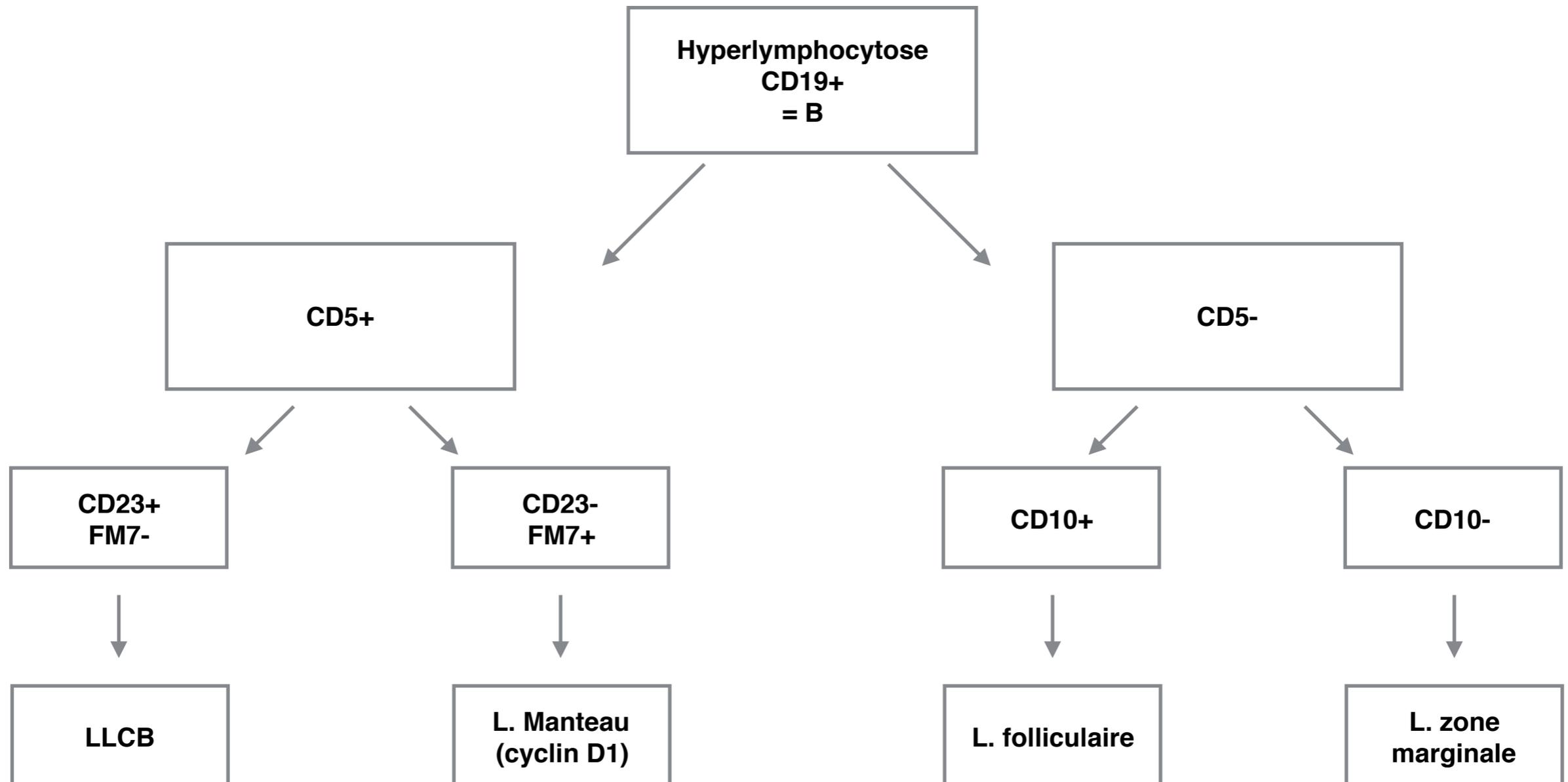
# Typage lymphocytaire



	CLL	Tricho	FL	MCL	MZL
Kappa Lambda	+	+ / +++	+++	++	+ / +++
CD19	++	+	+	+	+
CD10	-	- / +	+ / +++	-	-
CD20	+ low	+++	+	+	+
CD22	-	++	+	+	+++ / +
CD23	++	-	+	-	- / +
FMC7	-	+++	+ / -	++	++ / -
CD5	++	+ / -	-	++	-
CD11c	+ low	+	-	-	+ / -
CD25	+ low	++	-	-	+ / -
CD103	-	+++	-	-	-
CD43	++	-	-	+++ / +	+ / -
CD79b	+ / -	-	++	++	+
CD38	- / +	- / +	- / +	- / +	-
CD43	+		-	+	

CLL: Chronic lymphocytic leukaemia; FL: Follicular lymphoma; MCL: Mantle Cell Lymphoma; MZL: Marginal zone lymphoma; Tricho: Tricholeukocytic leukaemia

# Typage lymphocytaire



# Score de Matutes

Membrane markers	Points	
	1	0
Surface immunoglobulin (Kappa or Lambda) expression	Low	Moderate or high
CD5	+	-
CD22	-/low	Moderate/High
CD23	+	-
FMC7	-	+

## Interpretation of score:

- Score of 5/5 and 4/5: CLL.
- Score of 3/5: atypical CLL or B lymphoma.
- Scores of 0/5, 1/5 and 2/5: not CLL, but B lymphoma.

Existent des variantes, certains remplacent CD22 par CD79b, d'autres utilisent un score à 6 points incluant CD79b

# Classification WHO 2016

## Mature B-cell neoplasms

Chronic lymphocytic leukemia/small lymphocytic lymphoma  
 Monoclonal B-cell lymphocytosis\*  
 B-cell prolymphocytic leukemia  
 Splenic marginal zone lymphoma  
 Hairy cell leukemia  
*Splenic B-cell lymphoma/leukemia, unclassifiable*  
*Splenic diffuse red pulp small B-cell lymphoma*  
*Hairy cell leukemia-variant*  
 Lymphoplasmacytic lymphoma  
 Waldenström macroglobulinemia  
 Monoclonal gammopathy of undetermined significance (MGUS), IgM\*  
 μ heavy-chain disease  
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 Plasma cell myeloma  
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 Monoclonal immunoglobulin deposition diseases\*  
 Extranodal marginal zone lymphoma of mucosa-associated lymphoid tissue (MALT lymphoma)  
 Nodal marginal zone lymphoma  
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 Follicular lymphoma  
 In situ follicular neoplasia\*  
 Duodenal-type follicular lymphoma\*  
 Pediatric-type follicular lymphoma\*  
*Large B-cell lymphoma with IRF4 rearrangement\**  
 Primary cutaneous follicle center lymphoma  
 Mantle cell lymphoma  
 In situ mantle cell neoplasia\*  
 Diffuse large B-cell lymphoma (DLBCL), NOS  
 Germinal center B-cell type\*  
 Activated B-cell type\*  
 T-cell/histiocyte-rich large B-cell lymphoma  
 Primary DLBCL of the central nervous system (CNS)  
 Primary cutaneous DLBCL, leg type  
 EBV<sup>+</sup> DLBCL, NOS\*  
*EBV<sup>+</sup> mucocutaneous ulcer\**  
 DLBCL associated with chronic inflammation  
 Lymphomatoid granulomatosis  
 Primary mediastinal (thymic) large B-cell lymphoma  
 Intravascular large B-cell lymphoma  
 ALK<sup>+</sup> large B-cell lymphoma  
 Plasmablastic lymphoma  
 Primary effusion lymphoma  
*HHV8<sup>+</sup> DLBCL, NOS\**  
 Burkitt lymphoma  
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 High-grade B-cell lymphoma, with MYC and BCL2 and/or BCL6 rearrangements\*  
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 Aggressive NK-cell leukemia  
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 Anaplastic large-cell lymphoma, ALK<sup>+</sup>  
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*Breast implant-associated anaplastic large-cell lymphoma\**

## Hodgkin lymphoma

Nodular lymphocyte predominant Hodgkin lymphoma  
 Classical Hodgkin lymphoma  
 Nodular sclerosis classical Hodgkin lymphoma  
 Lymphocyte-rich classical Hodgkin lymphoma  
 Mixed cellularity classical Hodgkin lymphoma  
 Lymphocyte-depleted classical Hodgkin lymphoma

## Posttransplant lymphoproliferative disorders (PTLD)

Plasmacytic hyperplasia PTLD  
 Infectious mononucleosis PTLD  
 Florid follicular hyperplasia PTLD\*  
 Polymorphic PTLD  
 Monomorphic PTLD (B- and T-/NK-cell types)  
 Classical Hodgkin lymphoma PTLD

## Histiocytic and dendritic cell neoplasms

Histiocytic sarcoma  
 Langerhans cell histiocytosis  
 Langerhans cell sarcoma  
 Indeterminate dendritic cell tumor  
 Interdigitating dendritic cell sarcoma  
 Follicular dendritic cell sarcoma  
 Fibroblastic reticular cell tumor  
 Disseminated juvenile xanthogranuloma  
 Erdheim-Chester disease\*

# « MLUS » ou MBL

- présence d'une lymphocytose B monoclonale avec lymphocytose totale  $< 5000/\text{mm}^3$  et absence de critères pour lymphome (pas d'adénopathies, ni splénomégalie, ni cytopénies)
- chez 4 à 5% des adultes ! et incidence en augmentation avec l'âge
- suivi annuel recommandé vu risque d'évolutive vers LLC 1 à 2% par an
- WHO 2016 : « low count MBL »  $< 0,5 \text{ G/L}$  : pas de suivi nécessaire vs « high count MBL

Exemple : leucémie  
lymphoïde chronique

# Définitions

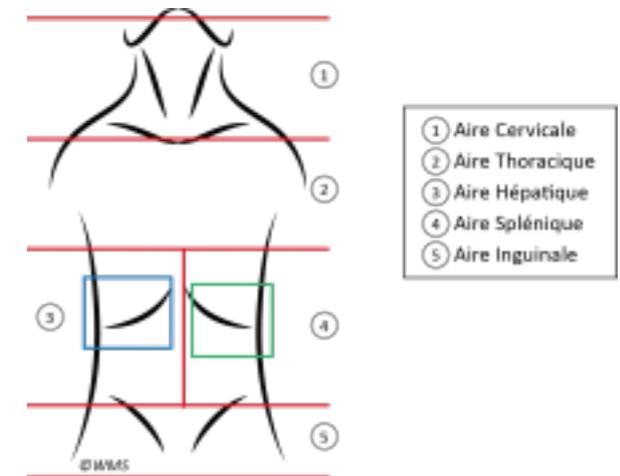
	<b>Lymphocytes B clonaux</b>	<b>Adénopathies/ organomégalie</b>
LLC	> 5000/ $\mu$ l	$\pm$
Ly lymphocytaire	< 5000/ $\mu$ l	+
Lymphocytose monoclonale	< 5000/ $\mu$ l	-

## Matutes / Catovsky index

<b>Marker</b>	<b>CLL</b>	<b>Score</b>	<b>Other B-cell leukemias</b>	<b>Score</b>
<b>SIg</b>	<b>weak</b>	<b>1</b>	<b>strong</b>	<b>0</b>
<b>CD5</b>	<b>positive</b>	<b>1</b>	<b>negative*</b>	<b>0</b>
<b>CD23</b>	<b>positive</b>	<b>1</b>	<b>negative</b>	<b>0</b>
<b>CD79b/CD22</b>	<b>weak</b>	<b>1</b>	<b>strong</b>	<b>0</b>
<b>FMC7</b>	<b>negative</b>	<b>1</b>	<b>positive</b>	<b>0</b>
	<b>CLL score 4-5</b>		<b>usual score 0-2</b>	

\* except mantle cell lymphoma

# Stadification « pronostique »



## CLL STAGING SYSTEMS

Rai System<sup>a</sup>

Stage	Description	Modified Risk Status
0	Lymphocytosis, lymphocytes in blood $>5 \times 10^9/L$ clonal B-cells and $>40\%$ lymphocytes in the bone marrow	Low
I	Stage 0 with enlarged node(s)	Intermediate
II	Stage 0–I with splenomegaly, hepatomegaly, or both	Intermediate
III <sup>c</sup>	Stage 0–II with hemoglobin $<11.0$ g/dL or hematocrit $<33\%$	High
IV <sup>c</sup>	Stage 0–III with platelets $<100,000/mcL$	High

Binet System<sup>b</sup>

Stage	Description
A	Hemoglobin $\geq 10$ g/dL and Platelets $\geq 100,000/mm^3$ and $<3$ enlarged areas
B	Hemoglobin $\geq 10$ g/dL and Platelets $\geq 100,000/mm^3$ and $\geq 3$ enlarged areas
C <sup>c</sup>	Hemoglobin $<10$ g/dL and/or Platelets $<100,000/mm^3$ and any number of enlarged areas

# Evaluation pronostique : recommandations

## PROGNOSTIC INFORMATION FOR CLL/SLL<sup>a</sup>

### *TP53* and Immunoglobulin Heavy-Chain Variable (*IGHV*) Region Gene Mutation and Surrogates by Flow Cytometry

	Favorable	Unfavorable
<b>DNA sequencing<sup>b</sup></b>		
<i>TP53</i>	Wild-type	Mutated
<i>IGHV</i>	>2% mutation	≤2% mutation
<b>Flow Cytometry<sup>c</sup></b>		
CD38	<30%	≥30%
Zap 70	<20%	≥20%
CD49d	<30%	≥30%

### Interphase Cytogenetics (FISH)<sup>d</sup>

Unfavorable	Neutral	Favorable
del(11q) del(17p)	Normal +12	del(13q) (as a sole abnormality)

### Complex karyotype<sup>e</sup>

Unfavorable
≥3 unrelated chromosome abnormalities in more than one cell on karyotype

<sup>a</sup>This table provides useful prognostic information relative to the time to progression, where therapy is required, and survival. The presence of del(11q) and/or del(17p) are associated with short progression-free survival with chemotherapy and chemoimmunotherapy approaches.

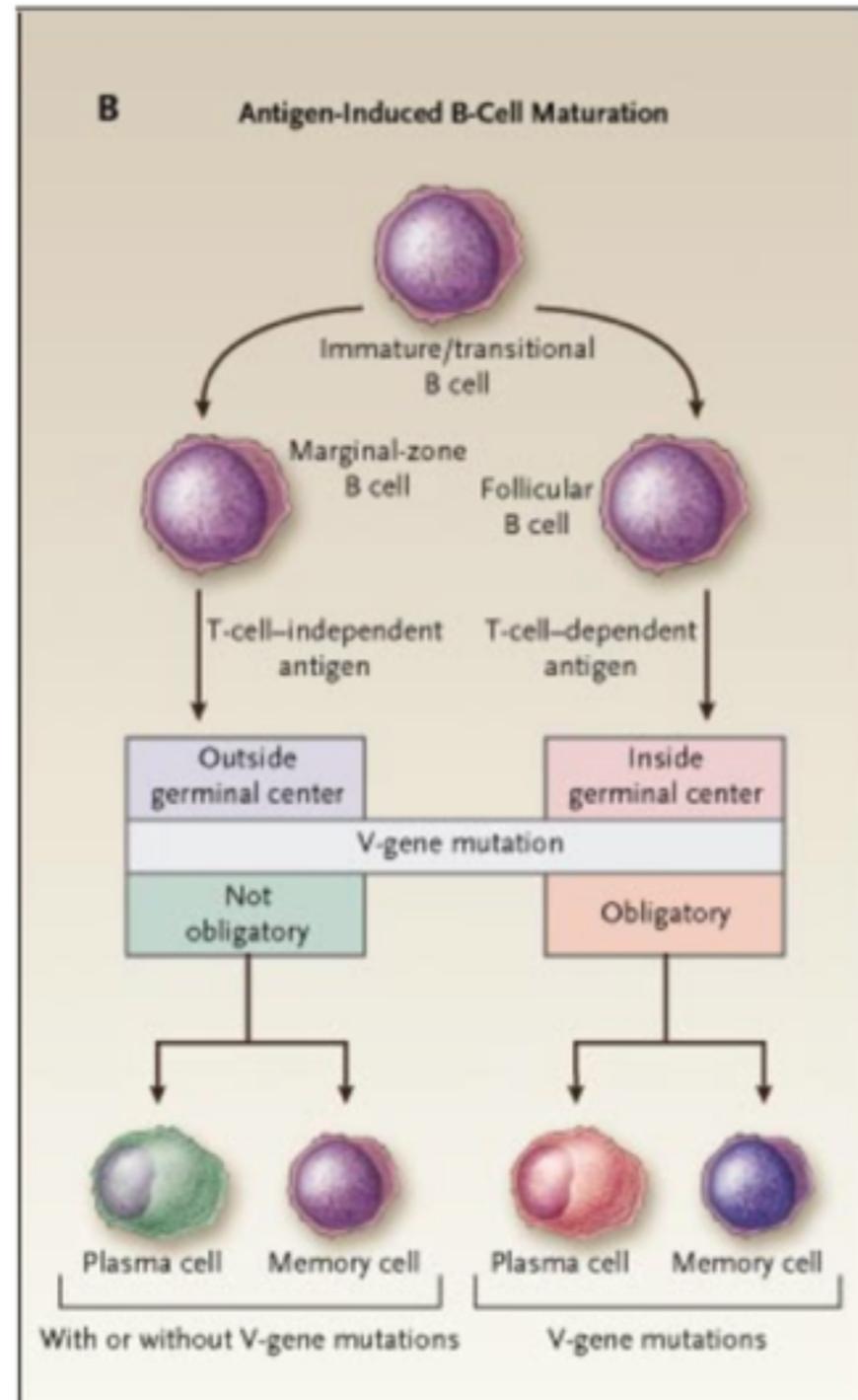
<sup>b</sup>*IGHV* rearrangements involving VH3-21 carry a poor prognosis even if mutated. *TP53* mutation status also provides additional prognostic information to FISH.

<sup>c</sup>*IGHV* mutation status is preferred over flow cytometry. Flow cytometry markers may be surrogate markers for *IGHV* mutation status. If not available, determination of CD38, CD49d, and ZAP-70 expression by flow cytometry may be used as a surrogate for *IGHV* mutation status. Evaluation of these markers can be challenging and is not recommended outside the setting of a clinical trial.

<sup>d</sup>Formal studies identifying the percentage of abnormal cells identified by FISH are ongoing, although populations less than 10% appear to not have the clinical impact as noted in the table.

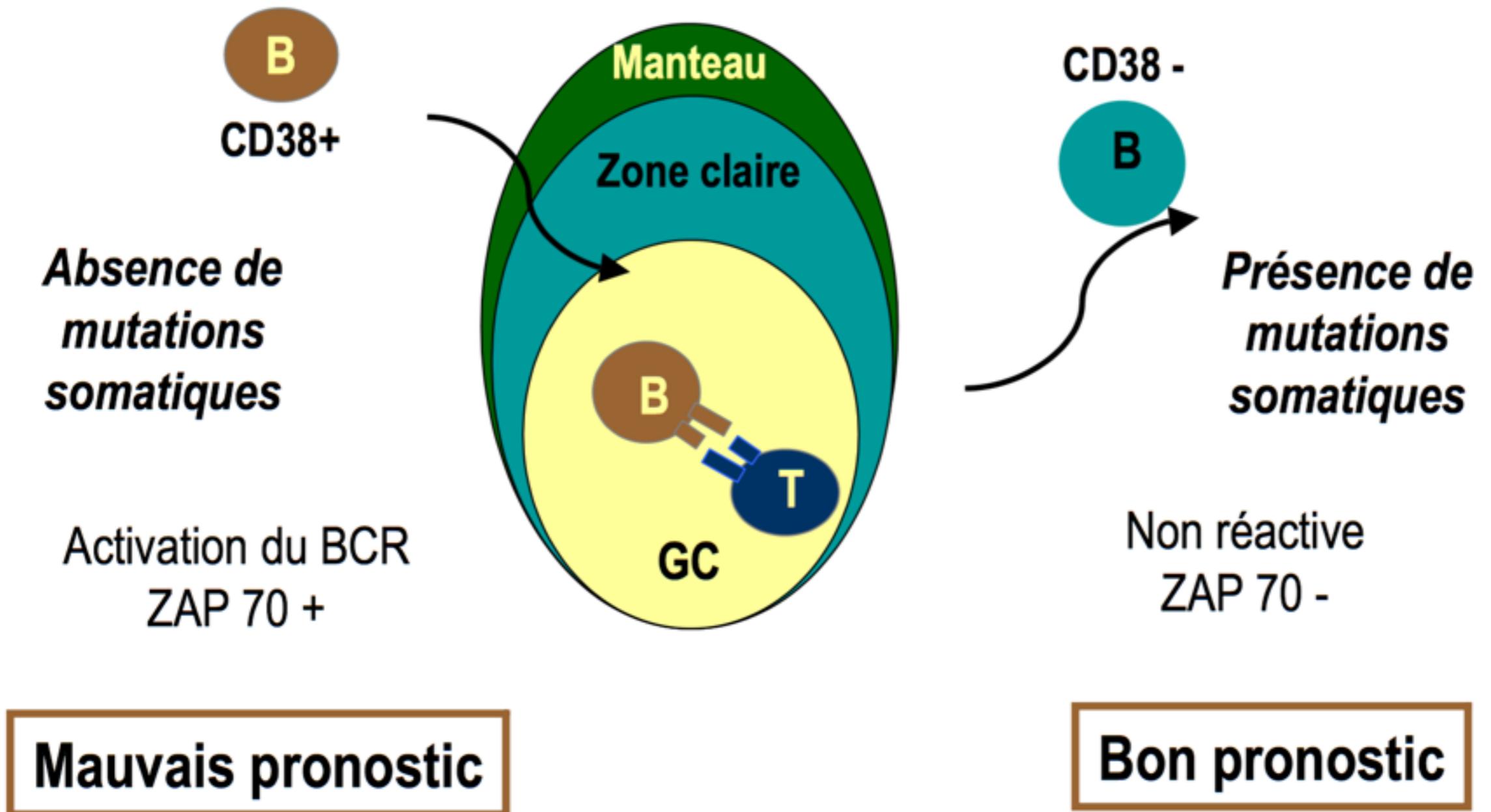
<sup>e</sup>Complex karyotype is based on results of conventional karyotyping of stimulated CLL cells.

# A Comparison of Pathways of B-Cell Maturation According to T-Cell Dependency



# Statut Mutationnel des Ig

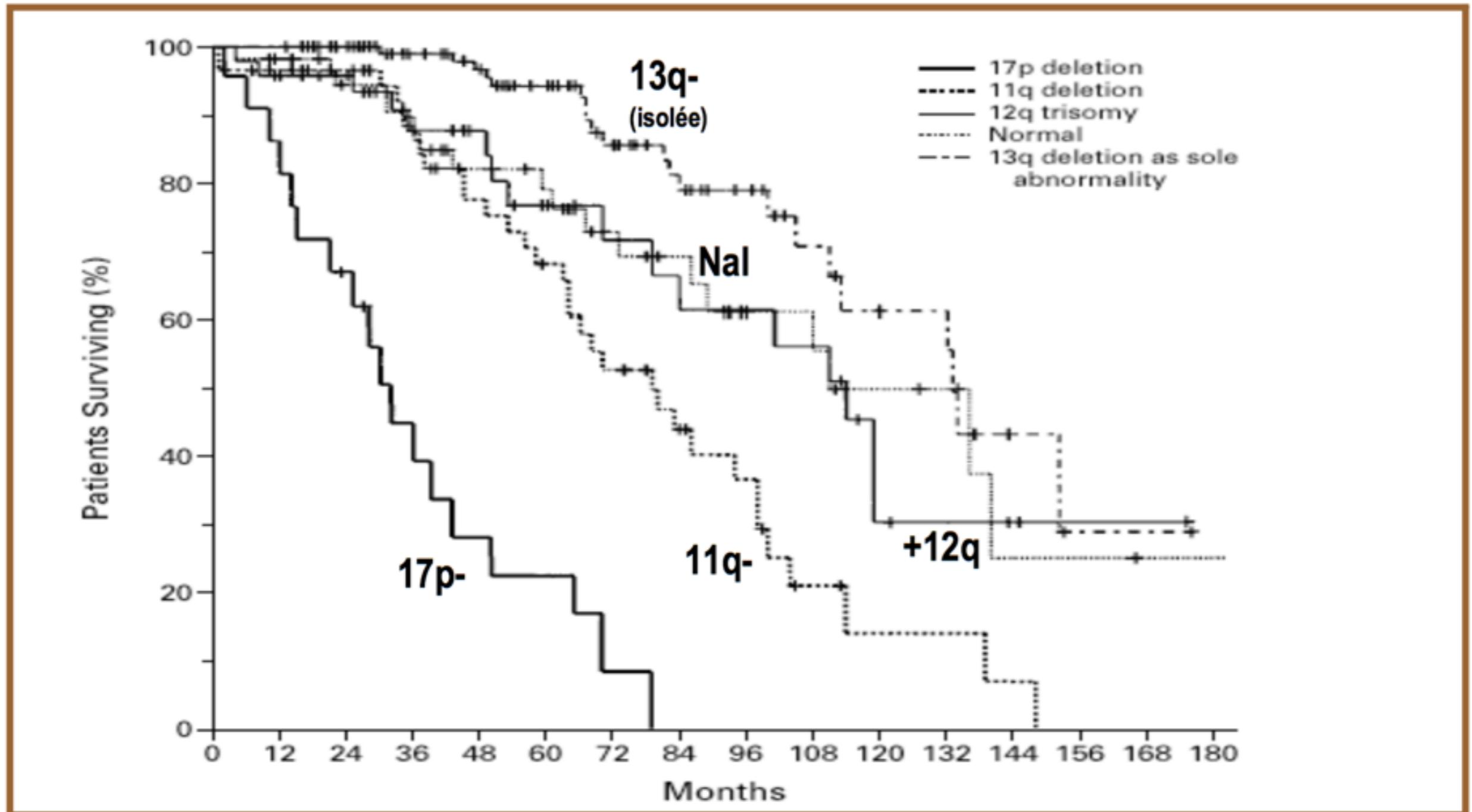
## *Deux Profils Evolutifs Différents*



# Anomalies cytogénétiques

- **Présence d'anomalies génétiques dans près de 80% des cas**
  - **Délétion du 13q**
    - La plus fréquente, 50% des cas, bon pronostic si isolée
  - **Trisomie 12**
    - Environ 15% des cas, pronostic plutôt péjoratif,
    - Associé à cytologie atypique
  - **Délétion 11q**
    - 10% des cas, très mauvais pronostic,
    - Associé à des formes tumorales,
    - Ré-évolutivité rapide après traitement
  - **Délétion 17p**
    - Moins de 10% des cas, très mauvais pronostic,
    - p53 non fonctionnelle, résistance à la fludarabine
    - Ré-évolutivité rapide après traitement

# Signification Pronostiques des Anomalies Chromosomiques, LLC-B



# Résumé des Facteurs Pronostiques

## Bon pronostic

- Stade A
- Pas de prolifération
  - Temps de doublement long
  - TK basse
- CD38 –
- Présence de mutations somatiques
- ZAP-70 –
- Del13 q ou absence d'anomalies cytogénétiques

## Mauvais pronostic

- Stade B ou C
- Signes de prolifération
  - Temps de doublement court
  - TK élevée
- CD38 +
- Absence de mutations somatiques
- ZAP-70 +
- Del11 q, del17p, trisomie 12 ou autres anomalies cytogénétiques rares et caryotype complexe

# Recommandations thérapeutiques

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## Pratique courante

## Essai clinique

**Stade A**

non

question  
expérimentale

**Stade B**

peut-être (si active)

peut-être (si active)

**Stade C**

oui

oui

**Maladie active/  
progressive**

oui

oui

**Maladie non  
progressive**

non

question  
expérimentale

# LLC : critères de maladie active/progressive

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- Insuffisance médullaire progressive
- Splénomégalie massive ( $\geq 6$  cm sous le rebord costal)
- Adénopathies massives ( $\geq 10$  cm) ou progressives
- Temps de doublement lymphocytaire  $< 6$  mois
- Anémie/thrombopénie auto-immunes ne répondant pas aux corticoïdes
- Symptômes "B"
  - amaigrissement, fièvre, sueurs nocturnes
  - fatigue (ECOG  $\geq 2$ )

**NB : le nombre de lymphocytes n'est pas à lui seul un critère de traitement**

# Quels projets thérapeutiques en 1<sup>ère</sup> ligne pour les stades B et C

## Option liée à l'âge

Meilleure réponse globale et meilleure survie sans traitement



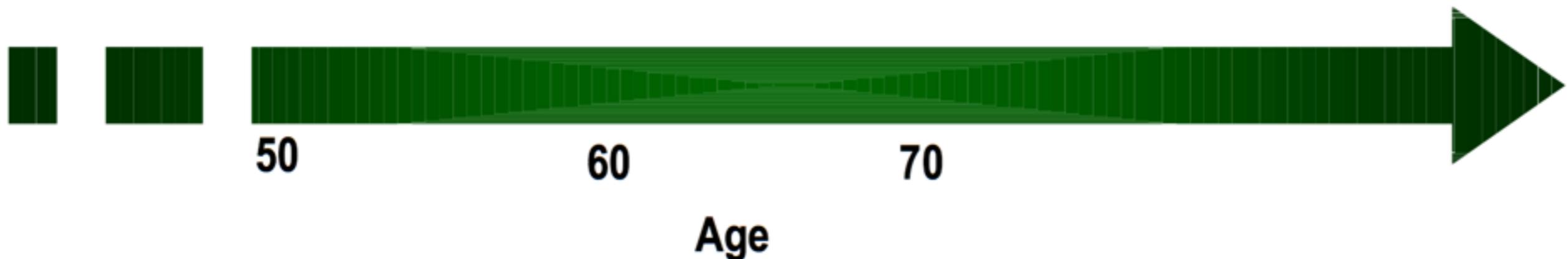
Option potentiellement curative par intensification avec recours aux greffes de CSP auto ou allogreffe

Meilleure survie sans traitement



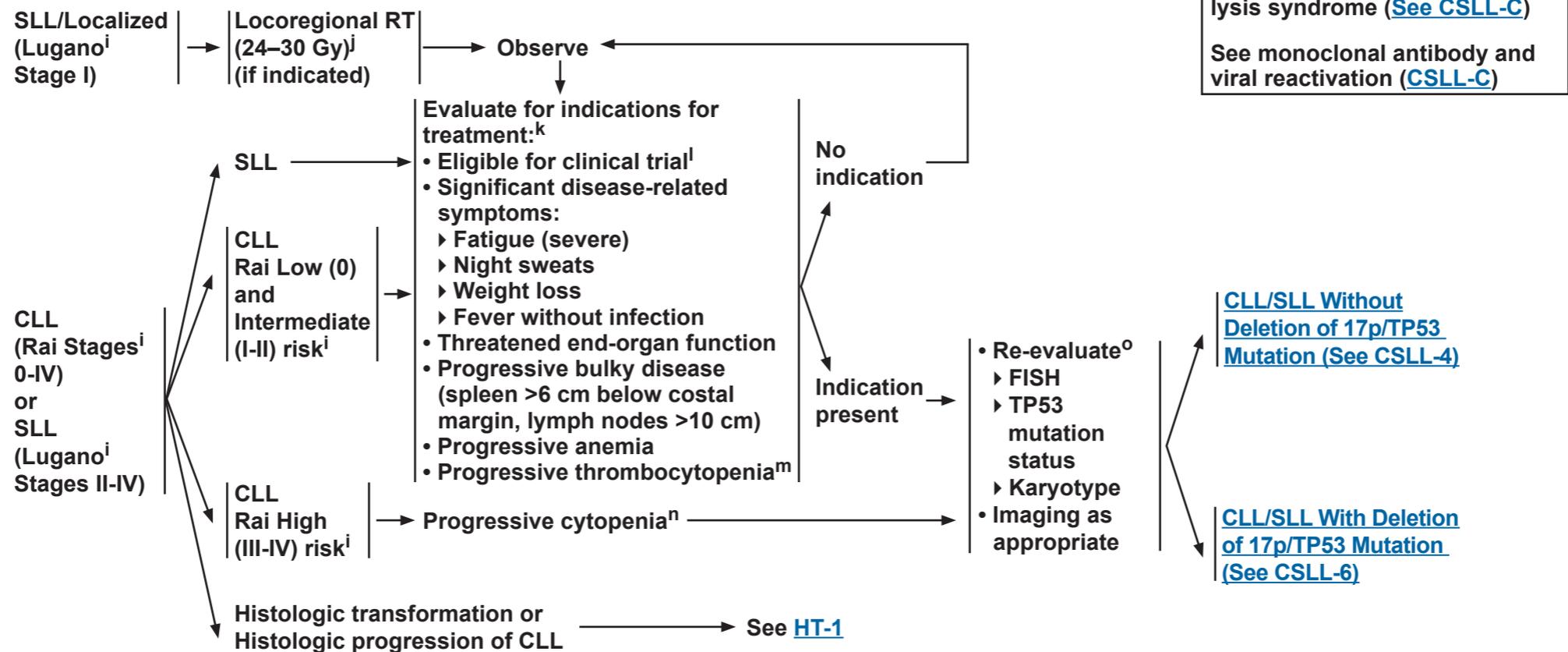
Qualité de vie

Qualité de vie

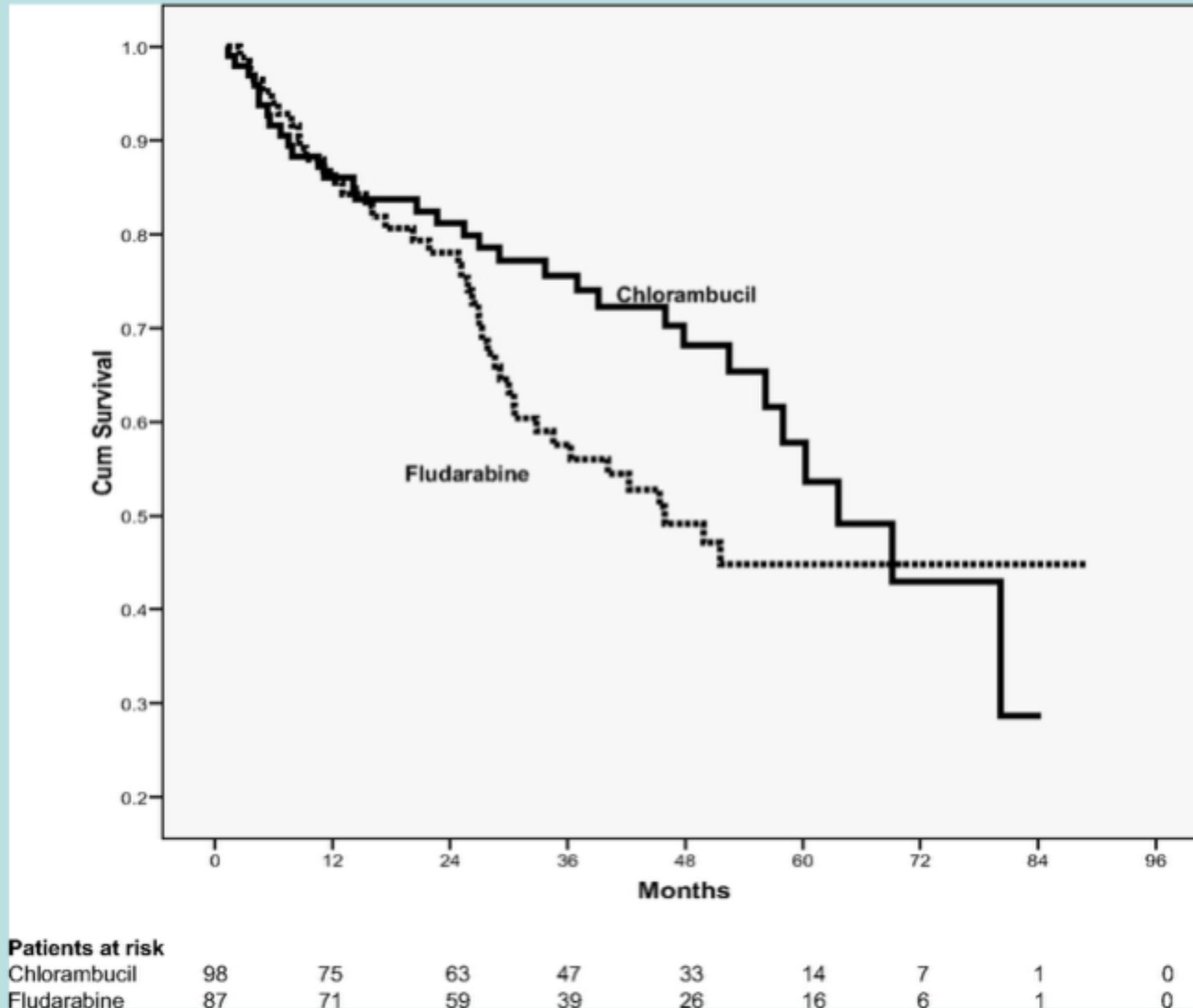


# En 2018?

## PRESENTATION<sup>h</sup>

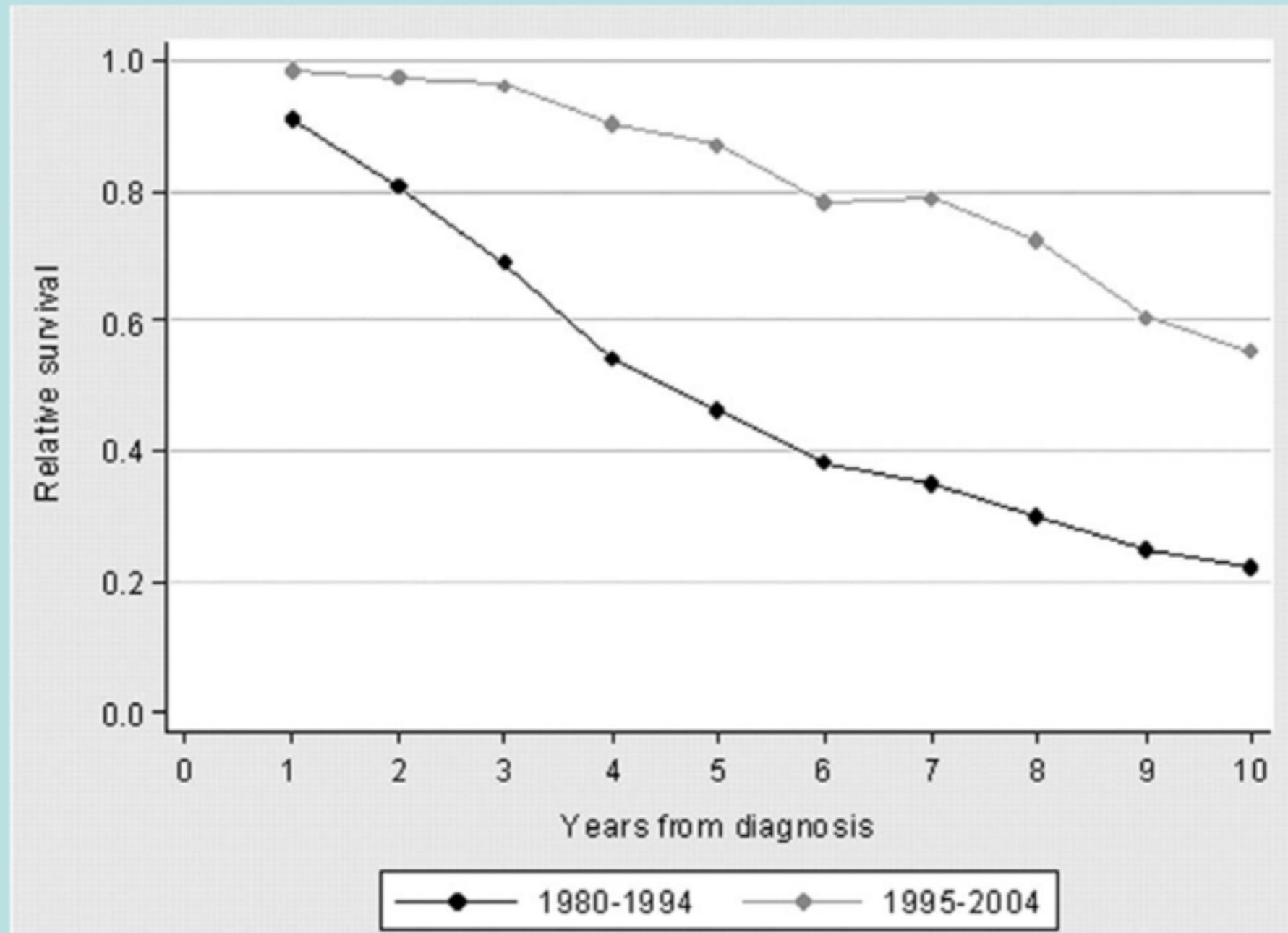


# Elderly patients : Overall survival according to randomization



**Eichhorst, B. F. et al. Blood 2009;114:3382-3391**

# Ten-year relative survival curves for patients younger than 70 years in Binet stage B/C according to whether they were diagnosed in the calendar periods 1980-1994 or 1995-2004

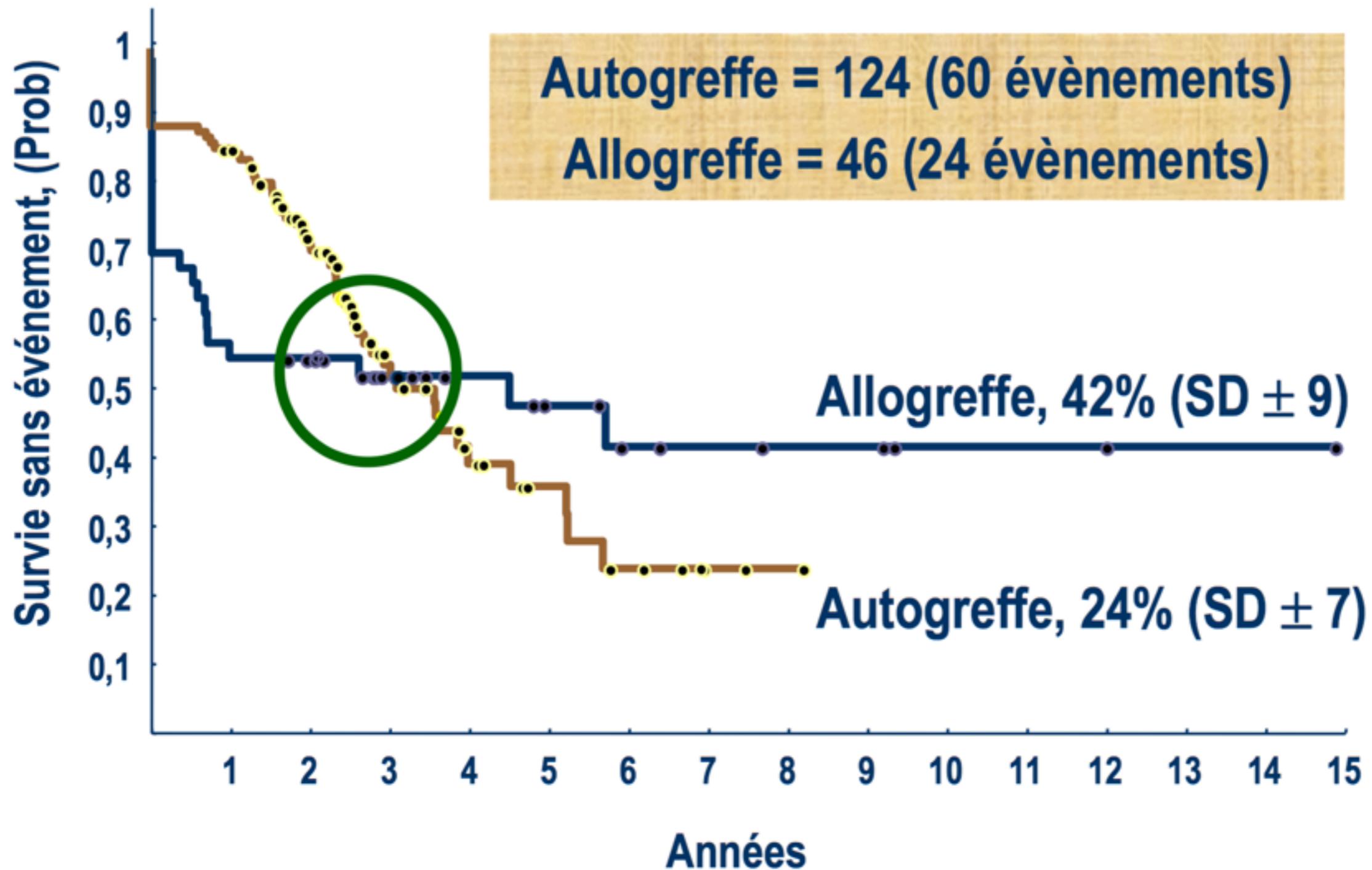


Abrisqueta, P. et al. *Blood* 2009;114:2044-2050

# Rituximab Fludarabine Cyclophosphamide

	<b>n</b>	<b>CR %</b>	<b>OR %</b>	<b>Survival/ duration response</b>
<b>Phase II Keating</b>	224	70	95	TTF 69 % (at 4 years)
<b>Phase III Hallek RFC vs FC</b>	871	52 27	95 88	PFS 76.6 %    OS 91 % 62.3 %        88 %

# Survie sans événement (1)



# Non myelo-ablative SCT in CLL

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<b>n</b>	<b>Age</b>	<b>% CR</b>	<b>% TRM</b>	<b>% prog.</b>	<b>% survival</b>
294	50-57 (12-73)	40-78	6-26	7-48	78-80

# En 2008

## LLC : Algorithmes de traitement

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	<u>&lt; 65 ou 70 ans</u>	<u>≥ 65-70 ans</u>
• "Gold standard"	R Rituximab F Fludarabine C Cyclophosphamide	Chlorambucil
• 17 p <sup>-</sup>	Alemtuzumab Greffe allogénique	Alemtuzumab
• Rechutes/réfractaires Situations particulières	RFC, Alemtuzumab, Bendamustine, Ofatumumab, anti-BCL-2, Cyclosporine, Flavopiridol, greffe allogénique, greffe autologue	Fludarabine, Rituximab-F, F-C, Ofatumumab, Bendamustine, Lenalidomide

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# aujourd'hui?

- Nouvelles données avec « vieilles » molécules
- Monoclonaux de nouvelle génération (GA-101)
- Nouvelles classes thérapeutiques
  - inhibiteurs de la Bruton tyrosine kinase
  - inhibiteurs bcl-2
  - ...
- Associations

## Traitement de 1e ligne actuel de la LLC

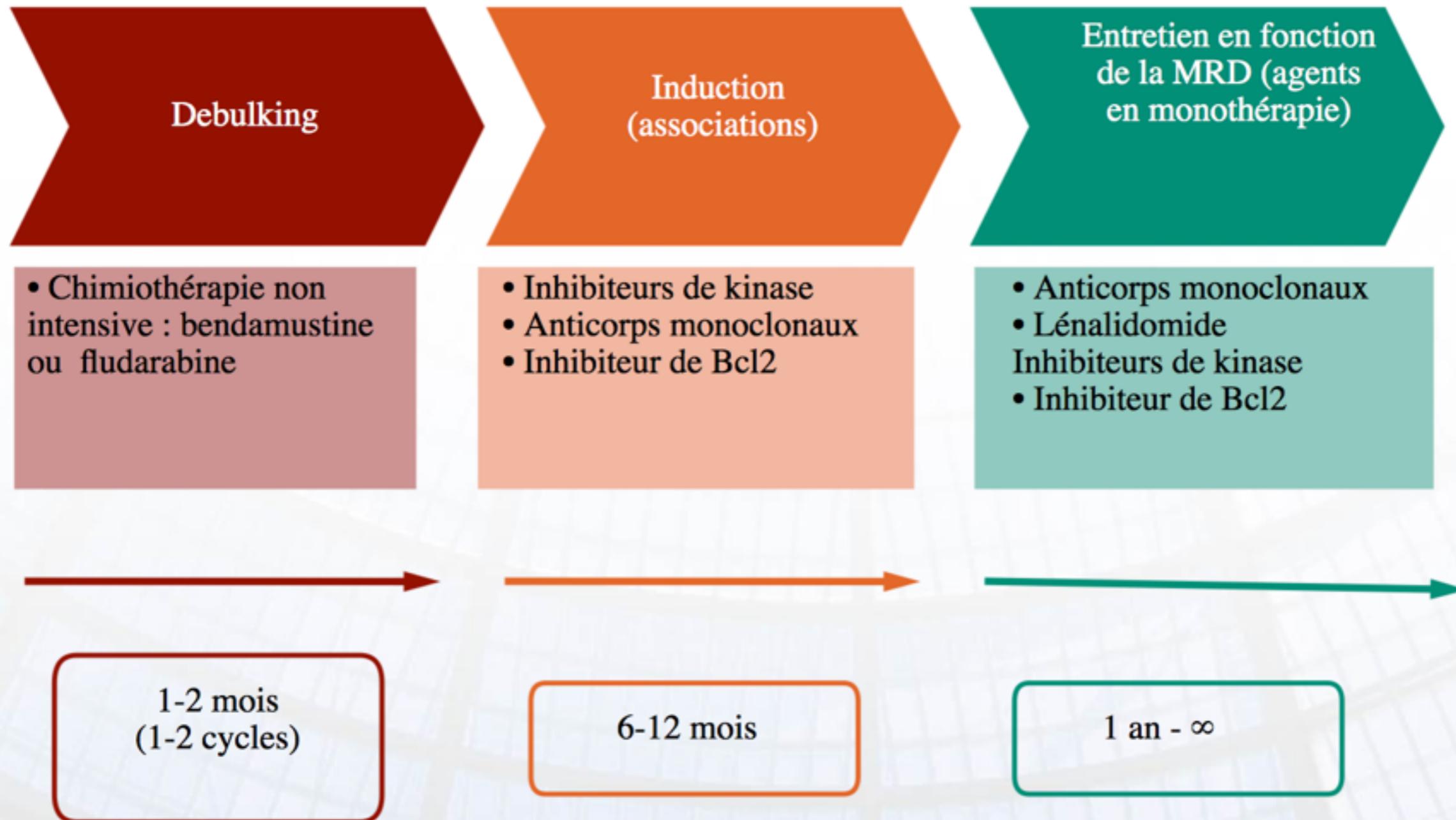
Stade	État général	del(17p) p53mut	Traitement
Binet A-B non active	Non applicable	Non applicable	Aucun
Maladie active ou Binet C	Go go	Non	FCR
		Oui	Allogreffe (?)
	Slow go	Non	CLB + Ac mo anti-CD20 (GA-101)
		Oui	Ibrutinib, alemtuzumab, rituximab ou ofatumumab à fortes doses

## Traitement de 2e ligne de la LLC

Réponse au traitement de 1re ligne	État général	Traitement	
		Standard	Alternatives (essais)
Maladie réfractaire ou en progression dans les 2 ans	Go go	Alemtuzumab + dexa, FA, FCR, <b>ibrutinib</b> puis allogreffe (?)	Lénalidomide, BR, (inhibiteurs de kinase, inhibiteur de Bcl-2)
	Slow go	Changer de traitement (si possible essai clinique)	Ibrutinib, idélalisib + rituximab, alemtuzumab pour les del(17p), FCR-lite, BR, lénalidomide, ofatumumab, rituximab à fortes doses
Progression après 2 ans	Tous	Répéter le traitement de 1re ligne	

# Stratégies thérapeutiques « futures » pour obtenir un contrôle de la maladie à long terme : schéma « séquentiel triple T »

## Tailored, Targeted, Total eradication of MRD



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 Anaplastic large-cell lymphoma, ALK<sup>-</sup>\*  
*Breast implant-associated anaplastic large-cell lymphoma\**

## Hodgkin lymphoma

Nodular lymphocyte predominant Hodgkin lymphoma  
 Classical Hodgkin lymphoma  
 Nodular sclerosis classical Hodgkin lymphoma  
 Lymphocyte-rich classical Hodgkin lymphoma  
 Mixed cellularity classical Hodgkin lymphoma  
 Lymphocyte-depleted classical Hodgkin lymphoma

## Posttransplant lymphoproliferative disorders (PTLD)

Plasmacytic hyperplasia PTLD  
 Infectious mononucleosis PTLD  
 Florid follicular hyperplasia PTLD\*  
 Polymorphic PTLD  
 Monomorphic PTLD (B- and T-/NK-cell types)  
 Classical Hodgkin lymphoma PTLD

## Histiocytic and dendritic cell neoplasms

Histiocytic sarcoma  
 Langerhans cell histiocytosis  
 Langerhans cell sarcoma  
 Indeterminate dendritic cell tumor  
 Interdigitating dendritic cell sarcoma  
 Follicular dendritic cell sarcoma  
 Fibroblastic reticular cell tumor  
 Disseminated juvenile xanthogranuloma  
 Erdheim-Chester disease\*

# Autre exemple?

- L'histoire de Mr D, 38 ans LAIT
  - angine avec adénopathies cervicales trainantes
  - prurit ++, diarrhées...
  - discrète lymphocytose, TCR réarrangé

Merci pour votre  
attention !