

A microscopic view of myeloma cells, showing large, round cells with prominent, dark purple nuclei and light blue cytoplasm, set against a yellowish background.

# Actualités dans le myélome

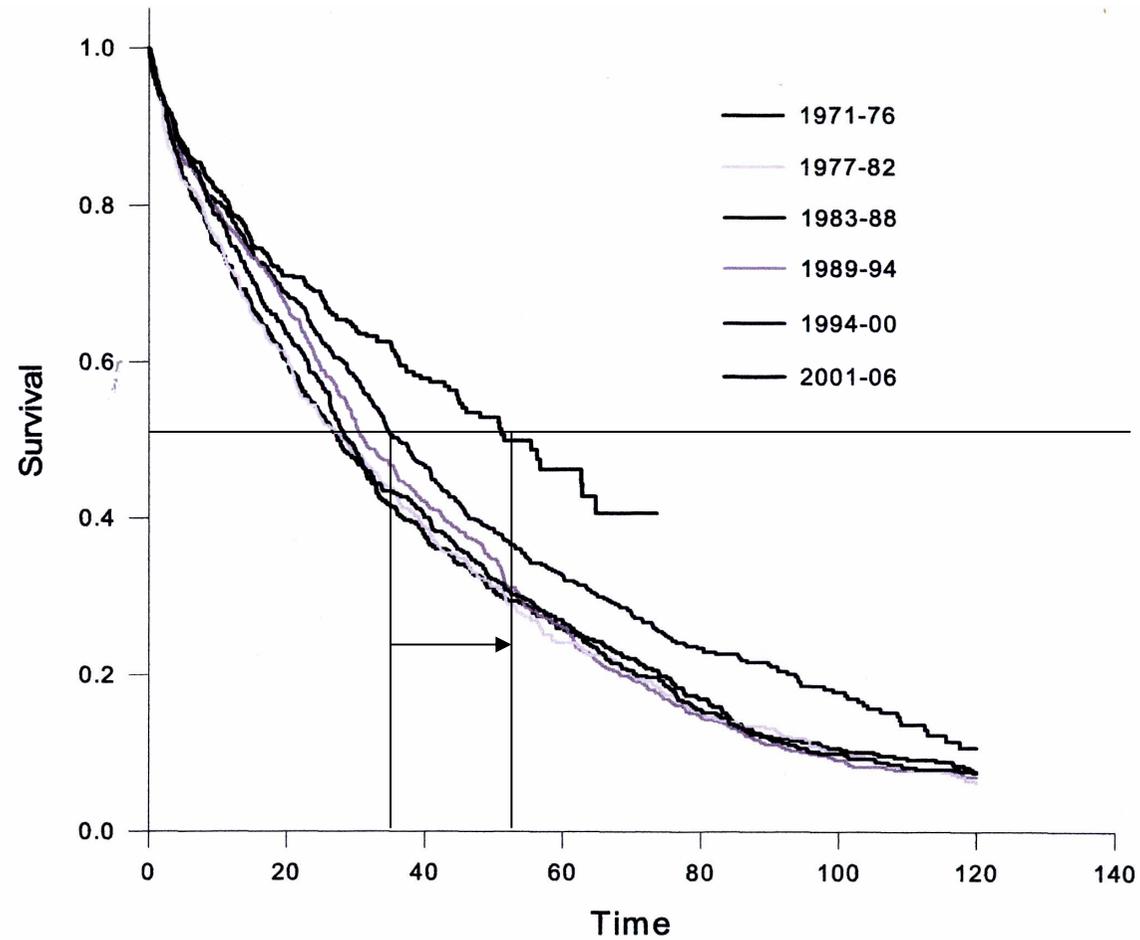
The logo for the University Hospital of Liège (CHU de Liège), featuring the letters 'CHU' in a stylized blue font above the text 'de Liège' in a smaller blue font.

CHU  
de Liège



Dr Bernard De Prijck - ULG  
Fleurus - 20 Mai 2010

# Le myélome, une maladie en pleine (r)évolution !



# Définitions...

Monoclonal gammopathy of undetermined significance (MGUS)

All three criteria must be met:

Serum monoclonal protein <3 g/100ml

Clonal bone marrow plasma cells < 10% and

Absence of end-organ damage such as hypercalcemia, renal insufficiency, anemia and bone lesions (CRAB) that can be attributed to the plasma cell proliferative disorder

Smoldering multiple myeloma (also referred to as asymptomatic multiple myeloma)

Both criteria must be met:

Serum monoclonal protein (IgG or IgA)  $\geq$ 3g/100 ml and/or clonal bone marrow plasma cells  $\geq$ 10% and

Absence of end-organ damage such as lytic bone lesions, anemia, hypercalcemia or renal failure that can be attributed to a plasma cell proliferative disorder

Multiple myeloma

All three criteria must be met except as noted:

Clonal bone marrow plasma cells  $\geq$  10%

Presence of serum and/or urinary monoclonal protein (except in patients with true non-secretory multiple myeloma) and

Evidence of end-organ damage that can be attributed to the underlying plasma cell proliferative disorder, specifically

## Criteria for diagnosis, staging, risk stratification and response assessment of multiple myeloma

RA Kyle and SV Rajkumar

Leukemia 2009;23:3-9

# **(R)évolution...**

- **Gammapathie monoclonale bénigne (« MGUS »)**
- **Génétique**
- **Chaînes légères libres**
- **Atteinte osseuse**
- **« Nouvelles drogues »**
- **Greffe de moëlle**

# **MGUS**

Hérédité ?

Etat « pré-myélomateux » ?

## Risk of plasma cell and lymphoproliferative disorders among 14621 first-degree relatives of 4458 patients with monoclonal gammopathy of undetermined significance in Sweden

Ola Landgren, Sigurdur Y. Kristinsson, Lynn R. Goldin, Neil E. Caporaso, Cecilie Blimark, Ulf-Henrik Mellqvist, Anders Wahlin, Magnus Björkholm and Ingemar Turesson

	First-degree relatives of MGUS patients (n = 14 621)	First-degree relatives of controls (n = 58 387)	RR (95% CI)*
MGUS	22	31	2.8 (1.4-5.6)†
Multiple myeloma	41	57	2.9 (1.9-4.3)†
Lymphoplasmacytic lymphoma/Waldenström macroglobulinemia	8	8	4.0 (1.5-11)†
Chronic lymphocytic leukemia	23	46	2.0 (1.2-2.3)†
Non-Hodgkin lymphoma	44	161	1.1 (0.8-1.5)
Hodgkin lymphoma (< 45 y)	8	24	1.3 (0.6-2.9)
Hodgkin lymphoma (> 45 y)	1	18	0.2 (0.0-1.7)

\*All estimates were adjusted for sex of first-degree relative.

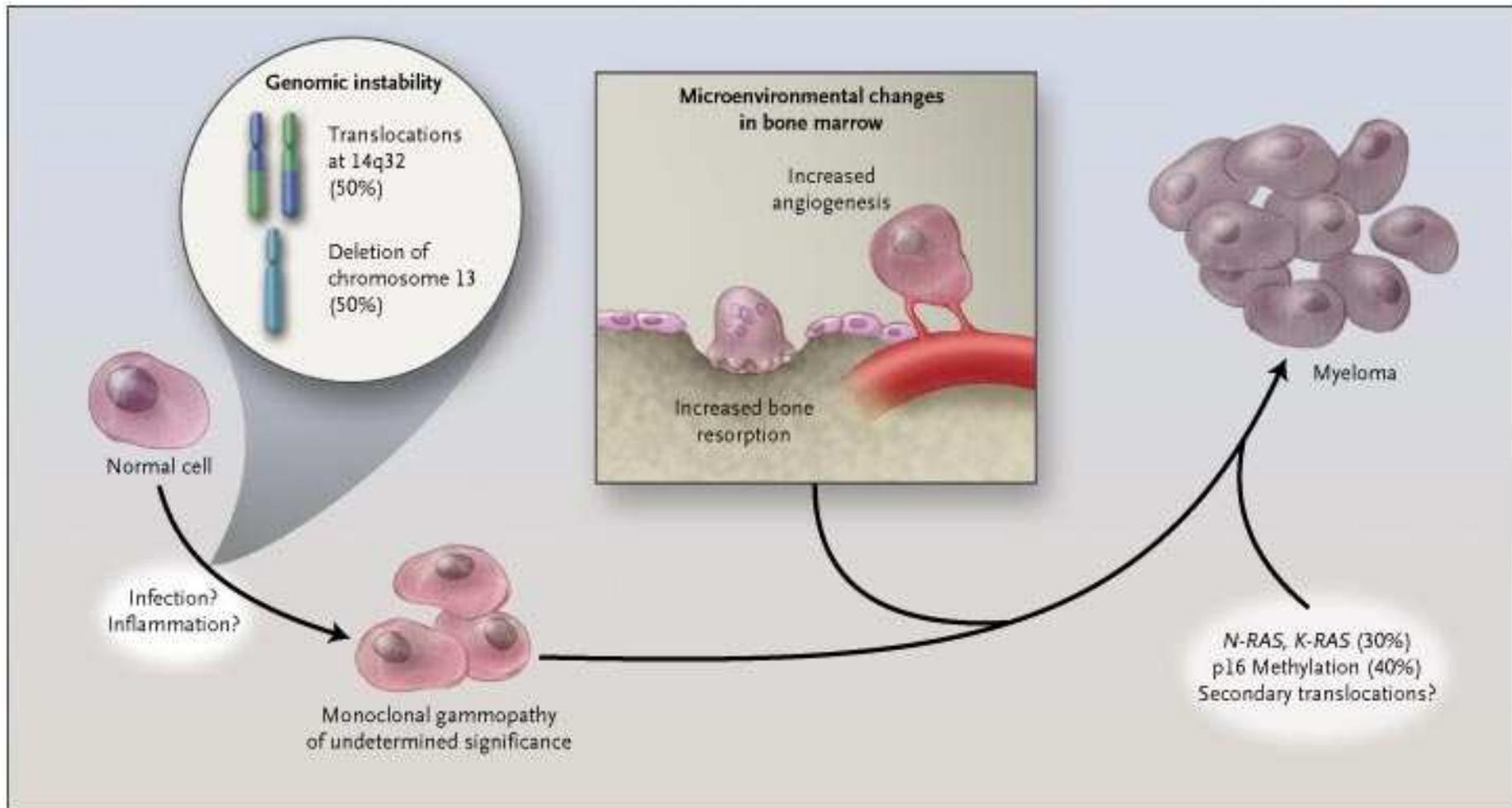
†Statistically significant (2-sided *P* value < .05).

# MGUS patient → risque relatif descendance

- MGUS → RR x 2.8 MGUS, x 2.9 MM, x 4 Waldenström et x 2 LLC
- MGUS IgG/A → RR x 4 MGUS, x 2.9 MM, x 20 Waldenström
- MGUS IgM → RR x 5 LLC

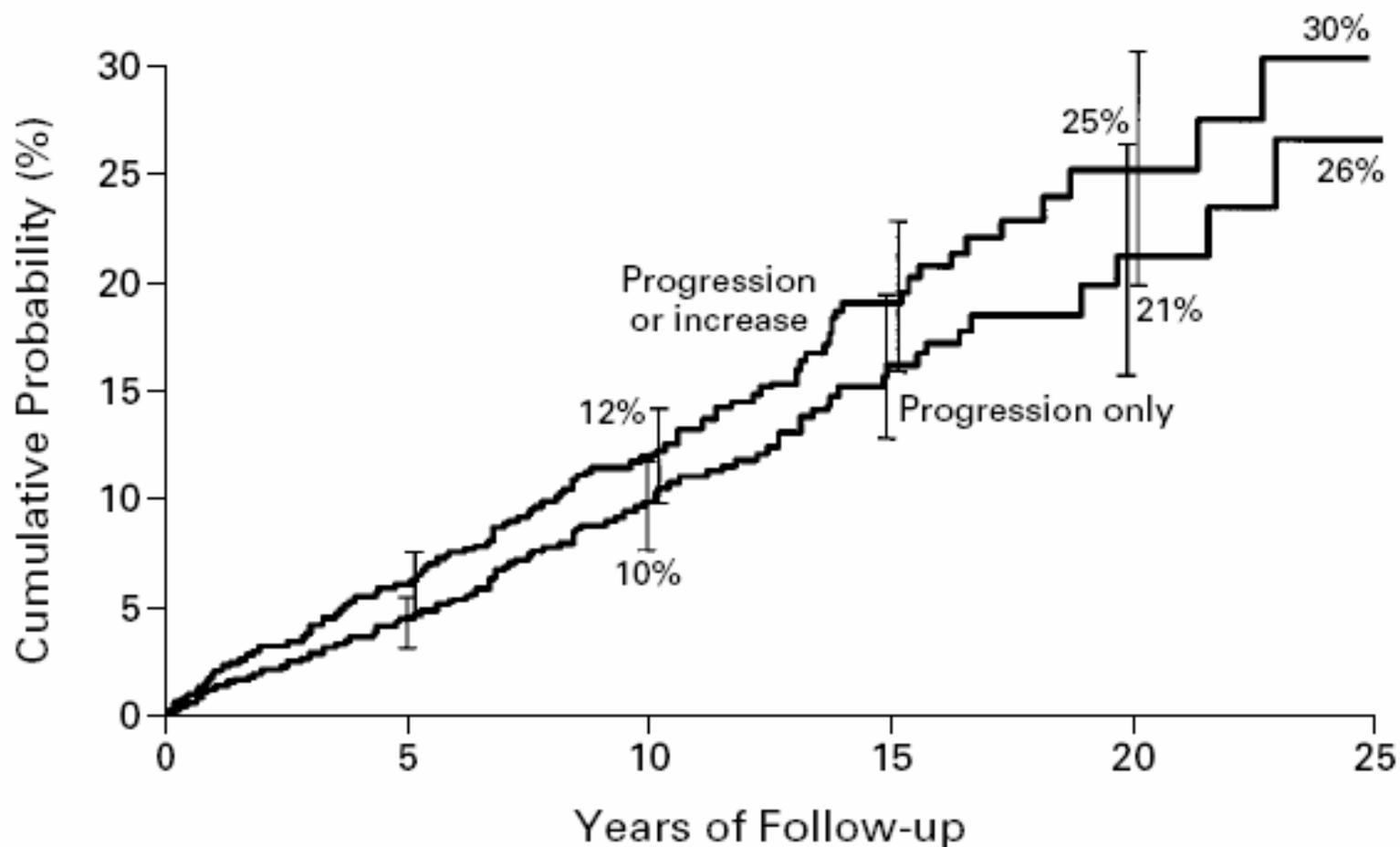
→ Hérité ou environnement ...?!

Etat pré-myélomateux ?



# A LONG-TERM STUDY OF PROGNOSIS IN MONOCLONAL GAMMOPATHY OF UNDETERMINED SIGNIFICANCE

ROBERT A. KYLE, M.D., TERRY M. THERNEAU, PH.D., S. VINCENT RAJKUMAR, M.D., JANICE R. OFFORD, B.S., DIRK R. LARSON, M.S., MATTHEW F. PLEVAK, B.S., AND L. JOSEPH MELTON III, M.D.



NEJM 2002;346:564

# blood

2009 113: 5412-5417  
Prepublished online Jan 29, 2009;  
doi:10.1182/blood-2008-12-194241

## **Monoclonal gammopathy of undetermined significance (MGUS) consistently precedes multiple myeloma: a prospective study**

Ola Landgren, Robert A. Kyle, Ruth M. Pfeiffer, Jerry A. Katzmann, Neil E. Caporaso, Richard B. Hayes, Angela Dispenzieri, Shaji Kumar, Raynell J. Clark, Dalsu Baris, Robert Hoover and S. Vincent Rajkumar

# MGUS précède MM

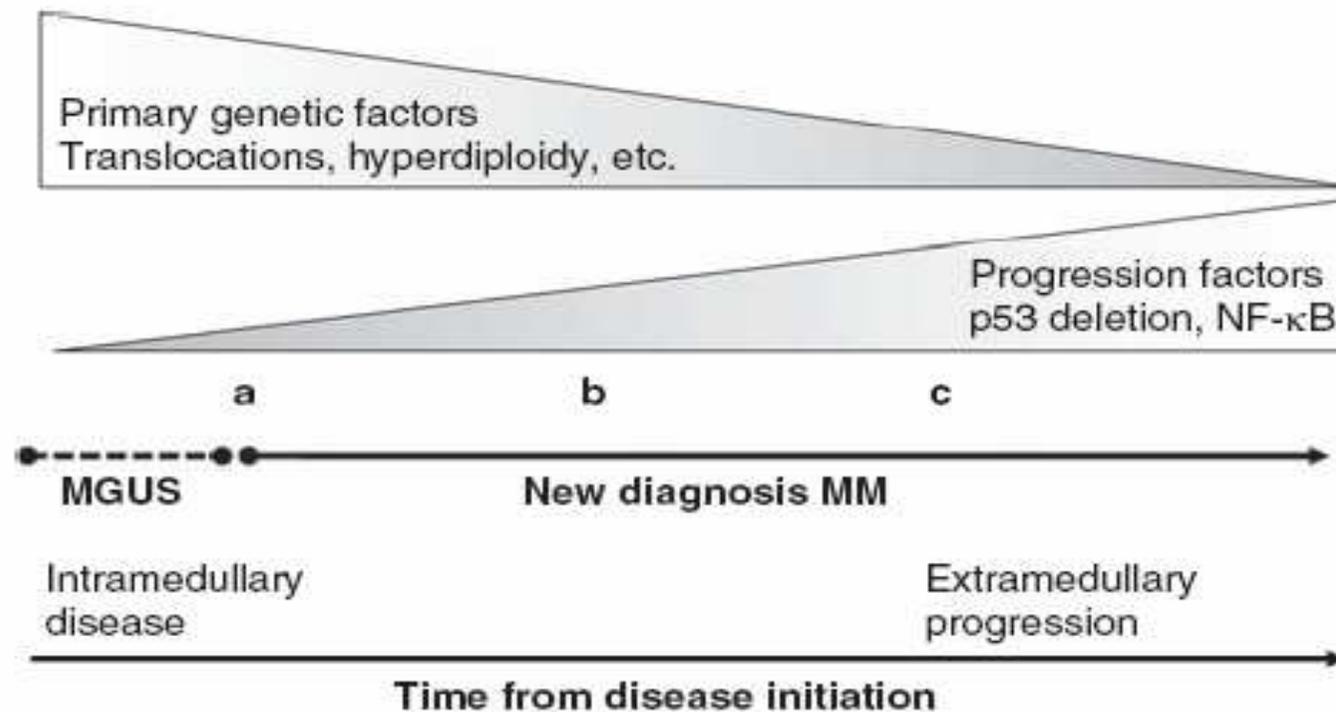
- Pic MC décelable 8 ans avant dans 75% des MM
- Si FLC ratio aNI ou pic > 15 gr/l, risque de 58% à 20 ans, sinon 5%...
- Deux modalités évolutives des MGUS:
  - Augmentation régulière du pic ou du FLC ratio
  - Pic ou ratio stable

→ **Imprévisible !**

## SPOTLIGHT REVIEW

### International Myeloma Working Group molecular classification of multiple myeloma: spotlight review

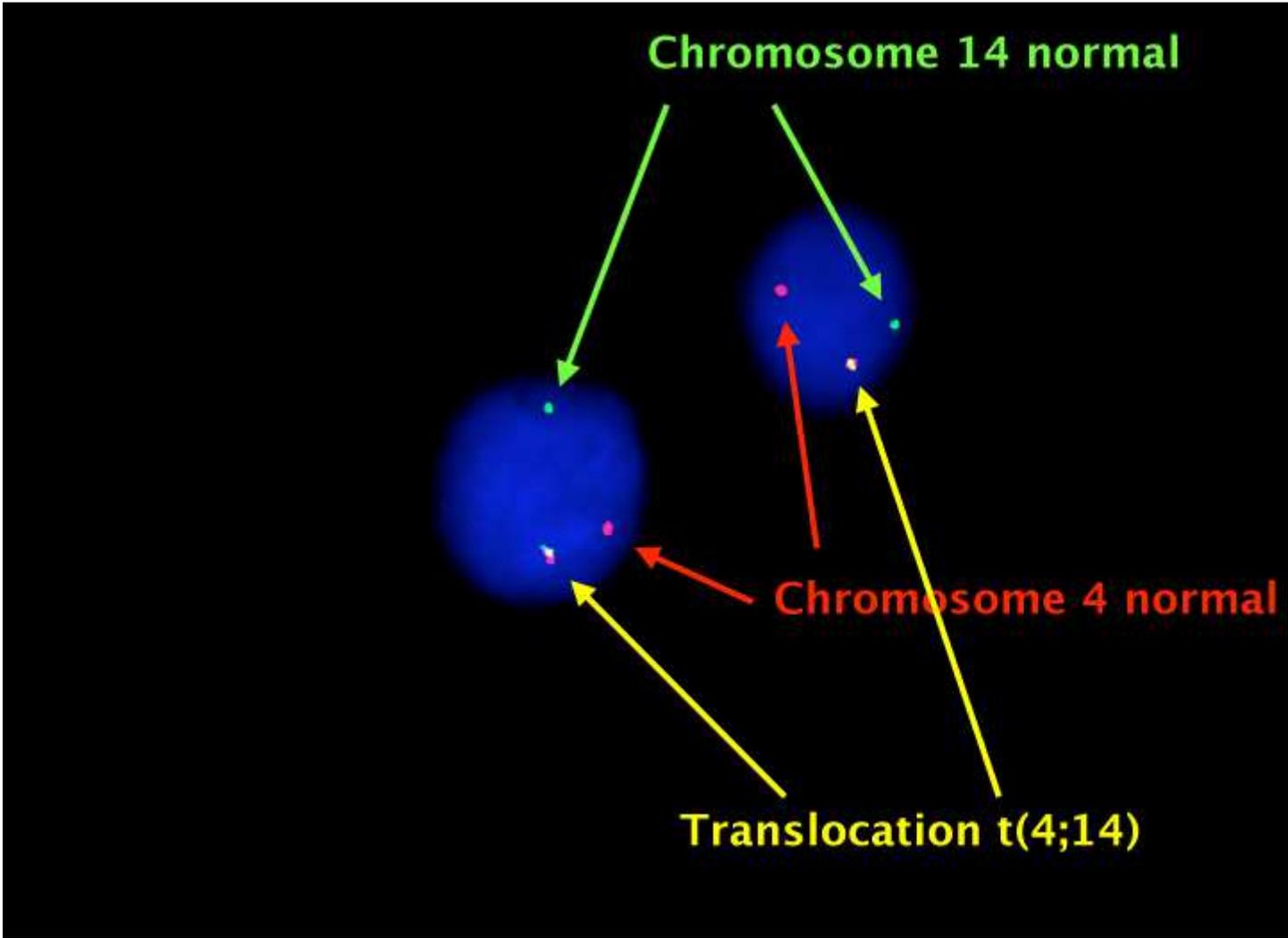
R Fonseca<sup>1</sup>, PL Bergsagel<sup>1</sup>, J Drach<sup>2</sup>, J. Shaughnessy<sup>3</sup>, N Gutierrez<sup>4</sup>, AK Stewart<sup>1</sup>, G Morgan<sup>5</sup>, B Van Ness<sup>6</sup>, M Chesi<sup>1</sup>, S Minvielle<sup>7</sup>, A Neri<sup>8</sup>, B Barlogie<sup>3</sup>, WM Kuehl<sup>9</sup>, P Liebisch<sup>10</sup>, F Davies<sup>5</sup>, S Chen-Kiang<sup>11</sup>, BGM Durie<sup>12</sup>, R Carrasco<sup>13</sup>, Orhan Sezer<sup>14</sup>, Tony Reiman<sup>15</sup>, Linda Pilarski<sup>16</sup> and H Avet-Loiseau<sup>7</sup>



# Apports de la génétique

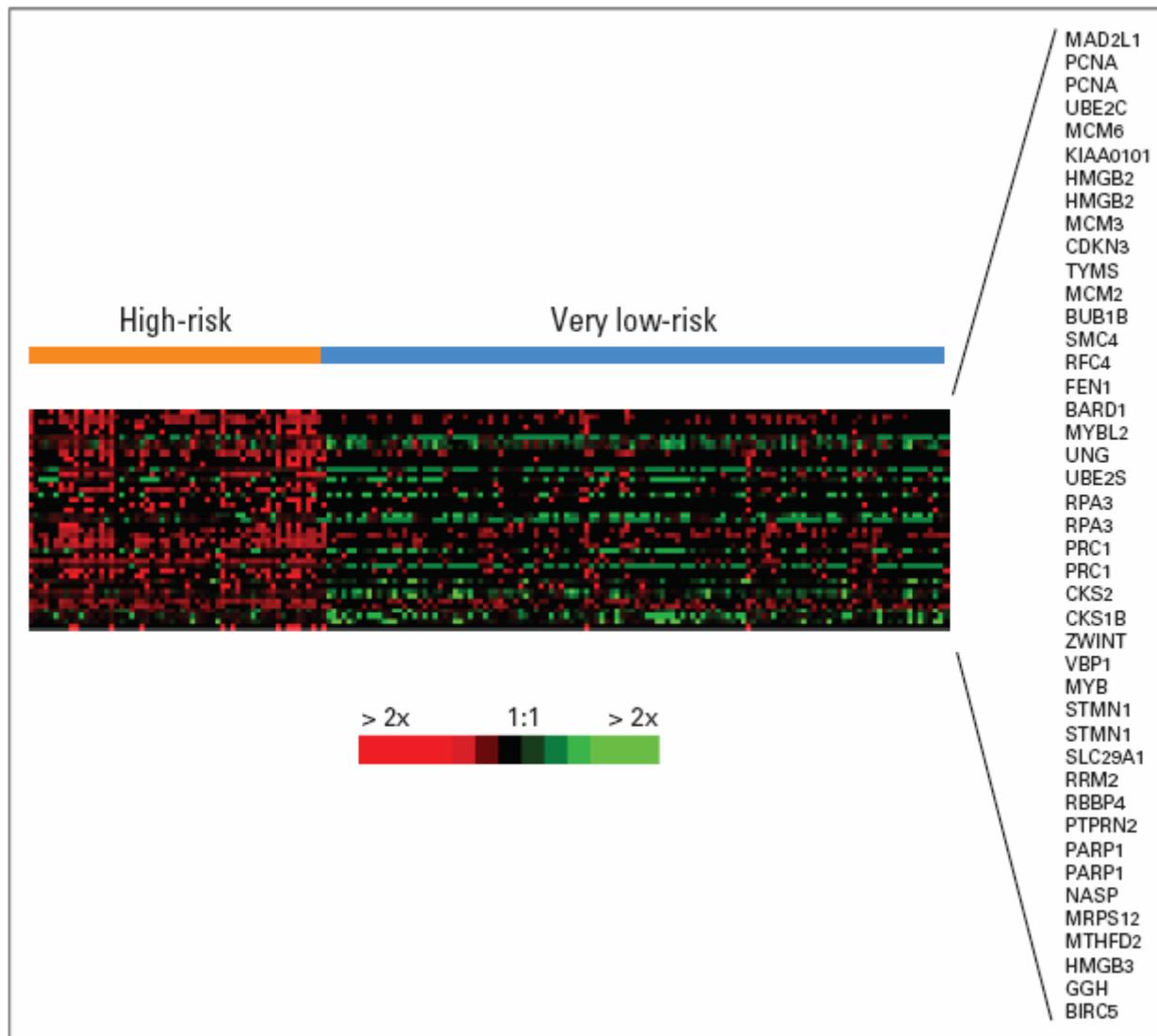
- FISH sur plasmocytes purifiés
  - t(4;14)
  - t(14;16)
  - 17p13 deletion
  - t(11;14)
  - del13
  - anom 1
  - ploïdie

...



# Apports de la génétique

- FISH sur plasmocytes purifiés
- Explosion des études grâce au « GEP » !
  - Etiopathogénie
  - Facteurs pronostiques
  - ??? Traitements ciblés...!!!

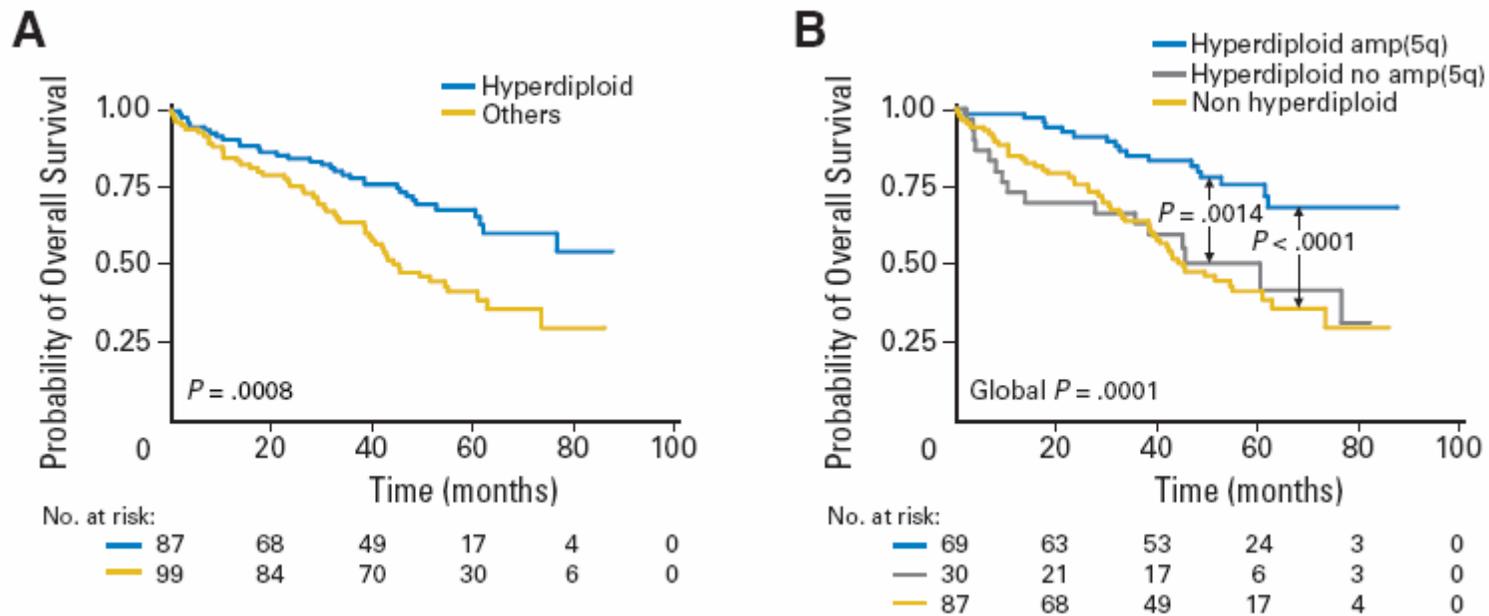


New proposed International Myeloma Working Group  
molecular cytogenetic classification

	<i>Percentage of patients</i>	<i>Clinical and laboratory features</i>
<b>Hyperdiploid</b>	45	More favorable, IgG-κ, older patients.
<b>Non-hyperdiploid</b>	40	Aggressive, IgA-λ, younger individuals
Cyclin D translocation	18	
t(11;14)(q13;q32)	16	Upregulation of CCND1; favorable prognosis; bone lesions. Two subtypes by GEP
t(6;14q)(p21;32)	2	Probably same as CCND1
t(12;14)(p13;q32)	<1	Rare
MMSET translocation	15	
t(4;14)(p16;q32)	15	Upregulation of MMSET; upregulation of FGFR3 in 75% unfavorable prognosis with conventional therapy; bone lesions less frequent
MAF translocation	8	Aggressive
t(14;16)(q32;q23)	5	Confirmed as aggressive by at least two series
t(14;20)(q32;q11)	2	One series shows more aggressive disease.
t(8;14)(q24;q32)	1	Unknown effect on outcome but presumed aggressive.
<b>Unclassified (other)</b>	15	Various subtypes and some with overlap

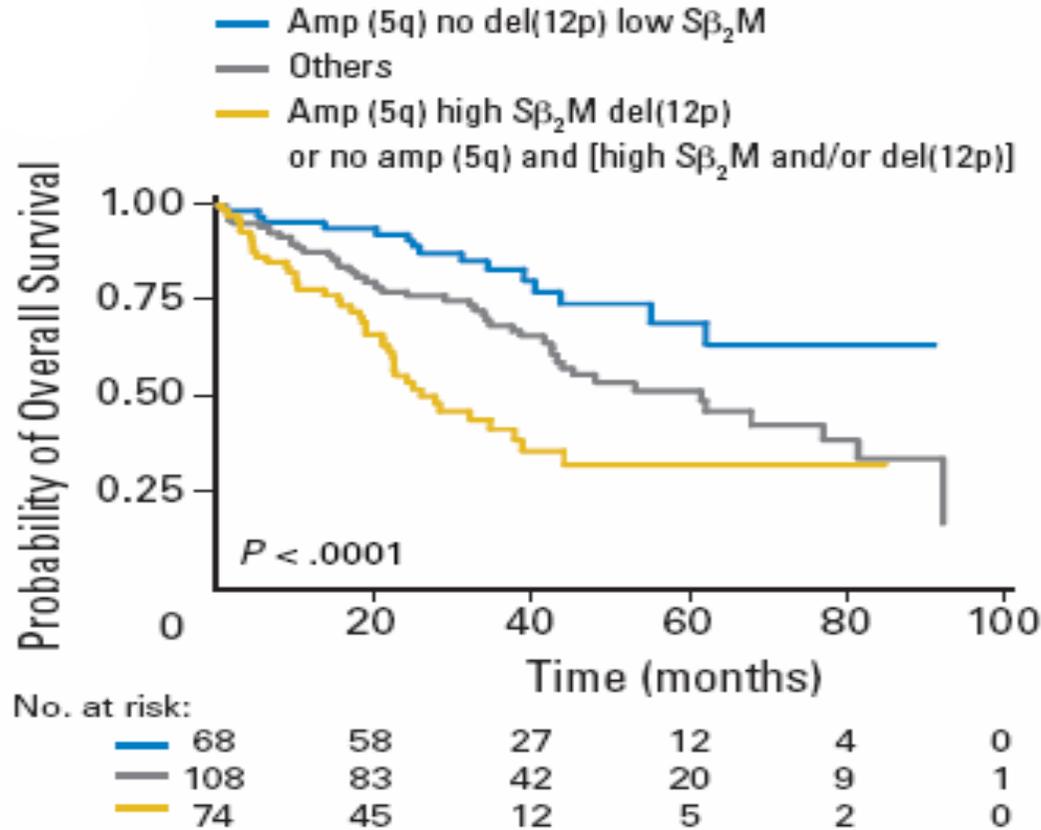
# Prognostic Significance of Copy-Number Alterations in Multiple Myeloma

Hervé Avet-Loiseau, Cheng Li, Florence Magrangeas, Wilfried Gouraud, Catherine Charbonnel, Jean-Luc Harousseau, Michel Attal, Gerald Marit, Claire Mathiot, Thierry Facon, Philippe Moreau, Kenneth C. Anderson, Loïc Campion, Nikhil C. Munshi, and Stéphane Minvielle



# Prognostic Significance of Copy-Number Alterations in Multiple Myeloma

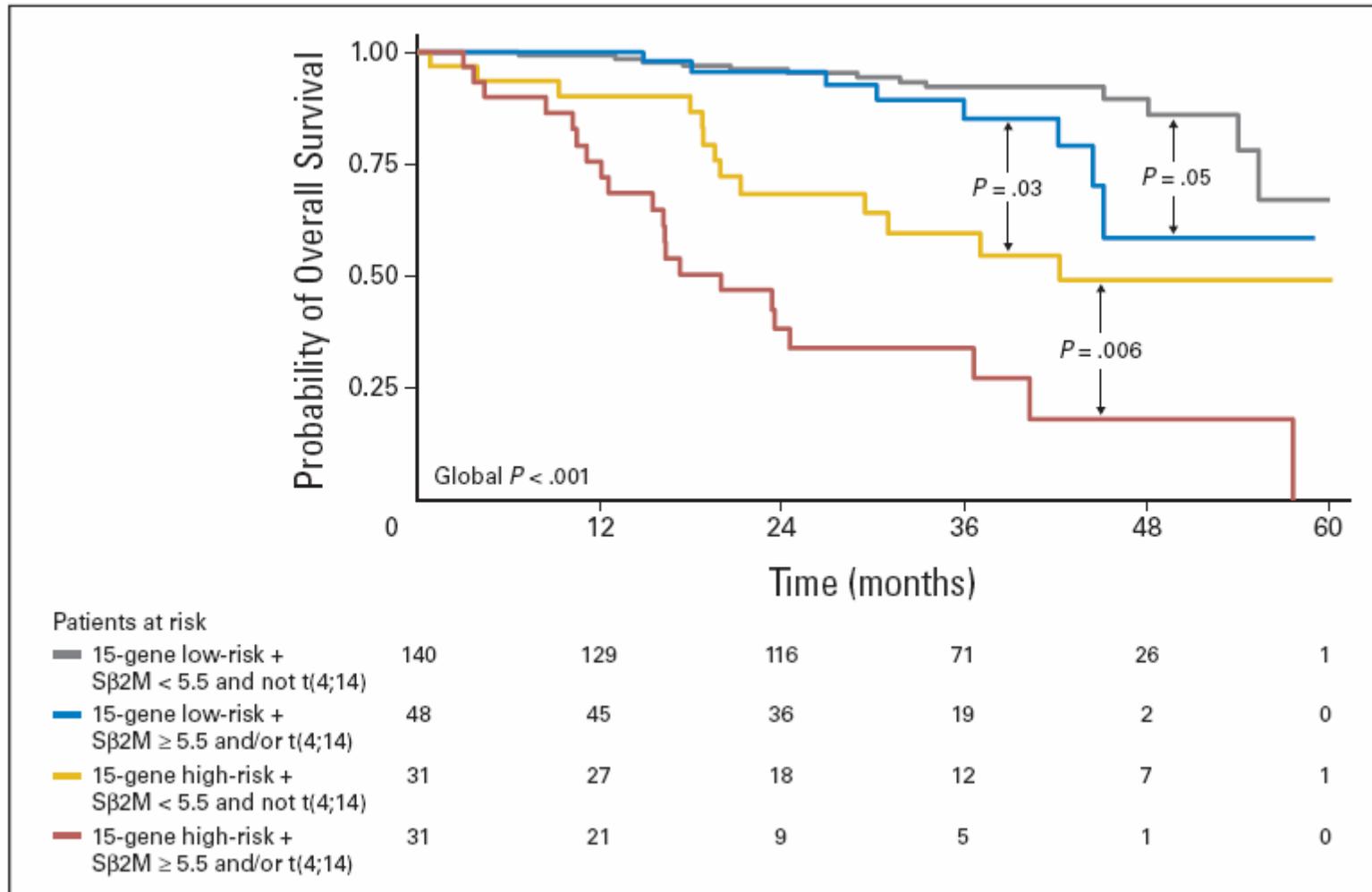
Hervé Avet-Loiseau, Cheng Li, Florence Magrangeas, Wilfried Gouraud, Catherine Charbonnel, Jean-Luc Harousseau, Michel Attal, Gerald Marit, Claire Mathiot, Thierry Facon, Philippe Moreau, Kenneth C. Anderson, Loïc Campion, Nikhil C. Munshi, and Stéphane Minvielle



VOLUME 27 · NUMBER 27 · SEPTEMBER 20 2009

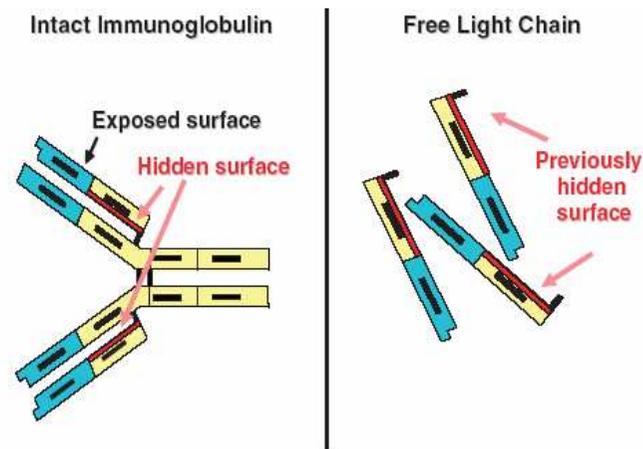
JOURNAL OF CLINICAL ONCOLOGY

ORIGINAL REPORT



Decaux, JCO 2008,26:4798

# Les chaînes légères libres



Leukemia (2009) 23, 215–224

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[www.nature.com/leu](http://www.nature.com/leu)

## SPOTLIGHT REVIEW

### International Myeloma Working Group guidelines for serum-free light chain analysis in multiple myeloma and related disorders

A Dispenzieri<sup>1</sup>, R Kyle<sup>1</sup>, G Merlini<sup>2</sup>, JS Miguel<sup>3</sup>, H Ludwig<sup>4</sup>, R Hajek<sup>5</sup>, A Palumbo<sup>6</sup>, S Jagannath<sup>7</sup>, J Blade<sup>8</sup>, S Lonial<sup>9</sup>, M Dimopoulos<sup>10</sup>, R Comenzo<sup>11</sup>, H Einsele<sup>12</sup>, B Barlogie<sup>13</sup>, K Anderson<sup>14</sup>, M Gertz<sup>1</sup>, JL Harousseau<sup>15</sup>, M Attal<sup>16</sup>, P Tosi<sup>17</sup>, P Sonneveld<sup>18</sup>, M Boccadoro<sup>6</sup>, G Morgan<sup>19</sup>, P Richardson<sup>14</sup>, O Sezer<sup>20</sup>, MV Mateos<sup>3</sup>, M Cavo<sup>17</sup>, D Joshua<sup>21</sup>, I Turesson<sup>22</sup>, W Chen<sup>23</sup>, K Shimizu<sup>24</sup>, R Powles<sup>25</sup>, SV Rajkumar<sup>1</sup> and BGM Durie<sup>26</sup> on behalf of the International Myeloma Working Group<sup>27</sup>

# Dosage des chaînes légères libres

Uses of serum immunoglobulin free light chain assay

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*Screening in combination with immunofixation electrophoresis*<sup>20</sup>

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*Baseline values prognostic*

Monoclonal gammopathy of undermined significance<sup>17</sup>

Smoldering myeloma<sup>16</sup>

Symptomatic myeloma<sup>9,12,29,32</sup>

Plasmacytoma<sup>31</sup>

AL amyloidosis<sup>28</sup>

*Hematologic response*

AL amyloidosis<sup>19,28,34-36</sup>

'Non-secretory' myeloma<sup>a 13</sup>

Stringent complete response in multiple myeloma<sup>a 37</sup>

Light chain deposition disease (Personal experience of authors)

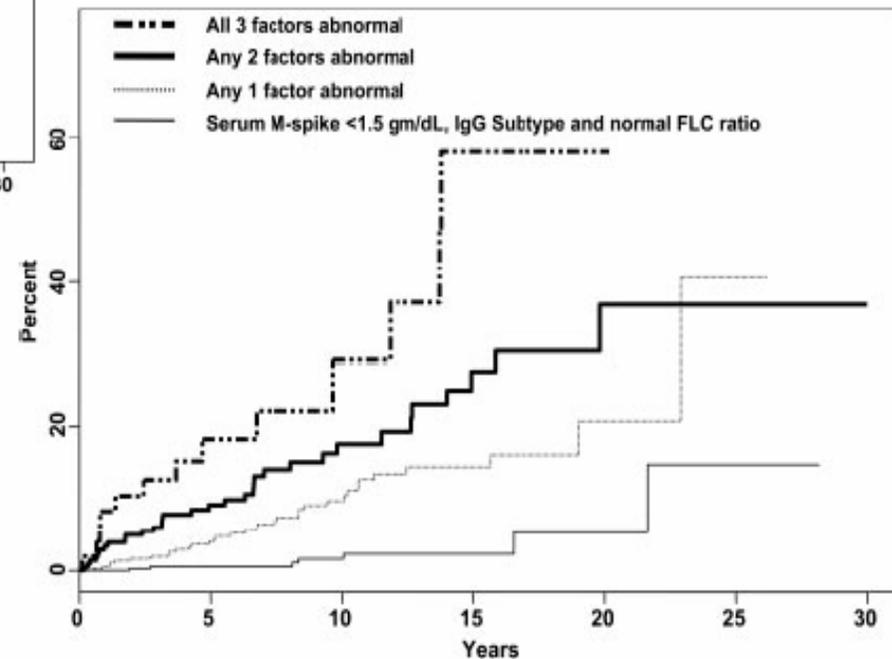
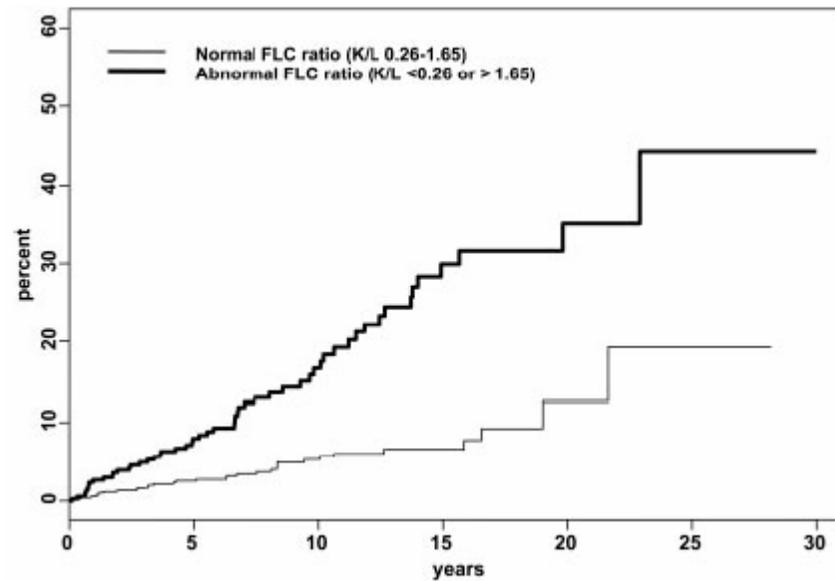
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<sup>a</sup>Not yet validated.

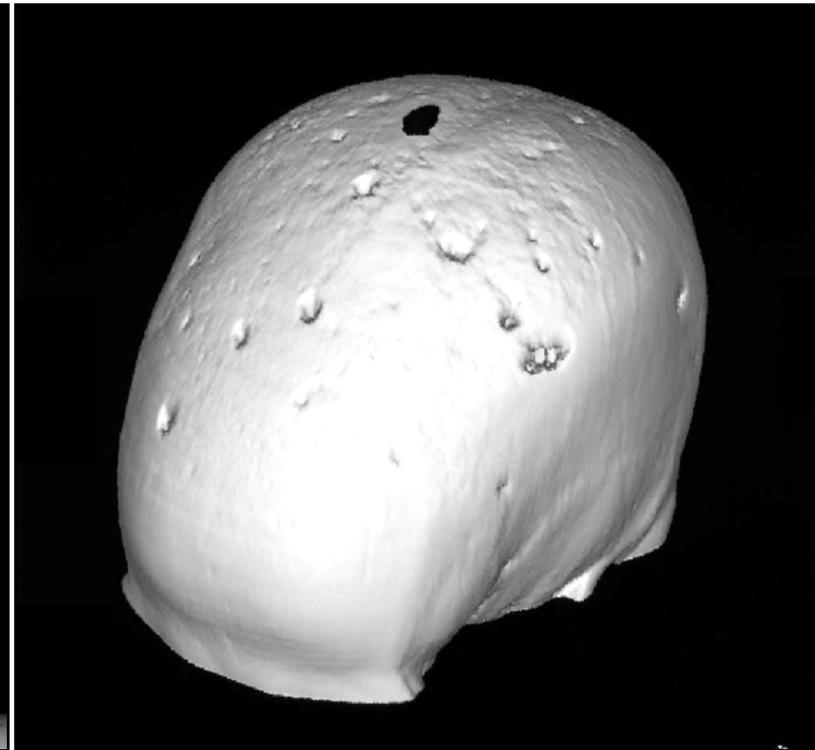
# Serum free light chain ratio is an independent risk factor for progression in monoclonal gammopathy of undetermined significance

S. Vincent Rajkumar, Robert A. Kyle, Terry M. Therneau, L. Joseph Melton III, Arthur R. Bradwell, Raynell J. Clark, Dirk R. Larson, Matthew F. Plevak, Angela Dispenzieri, and Jerry A. Katzmann

BLOOD, 1 AUGUST 2005 • VOLUME 106, NUMBER 3

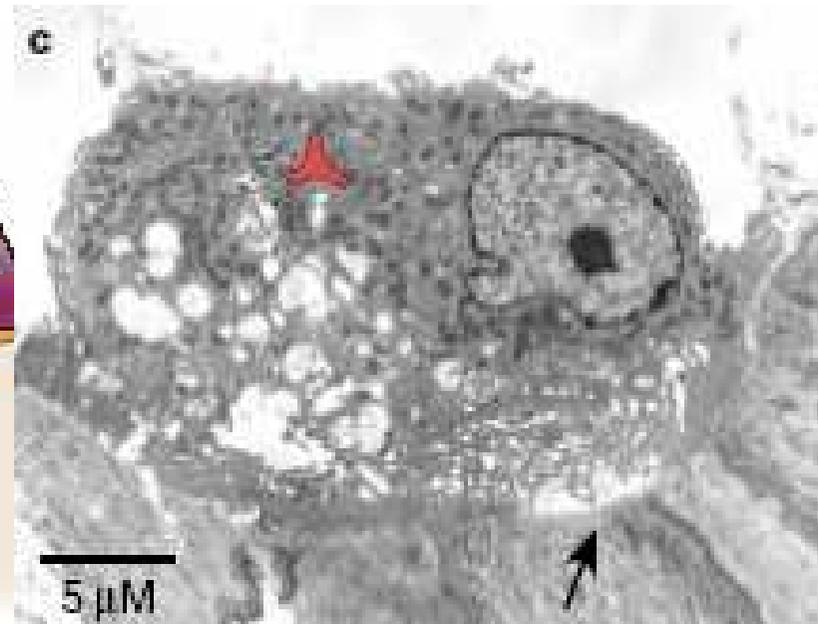
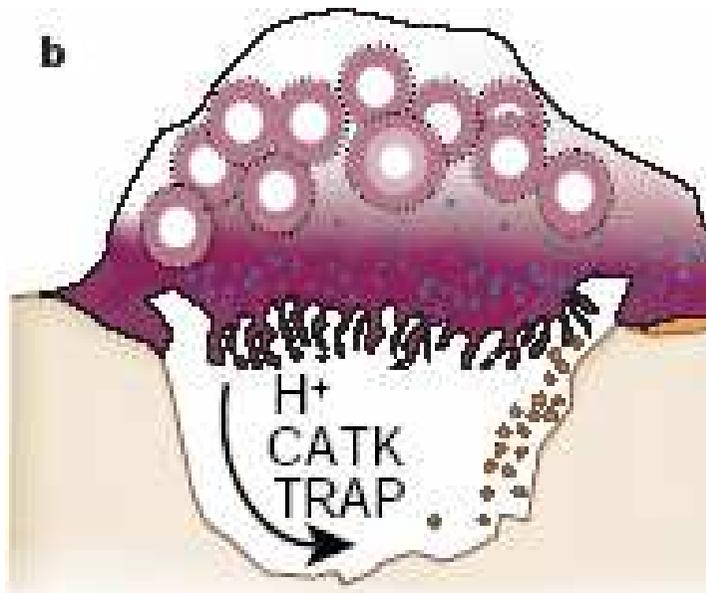


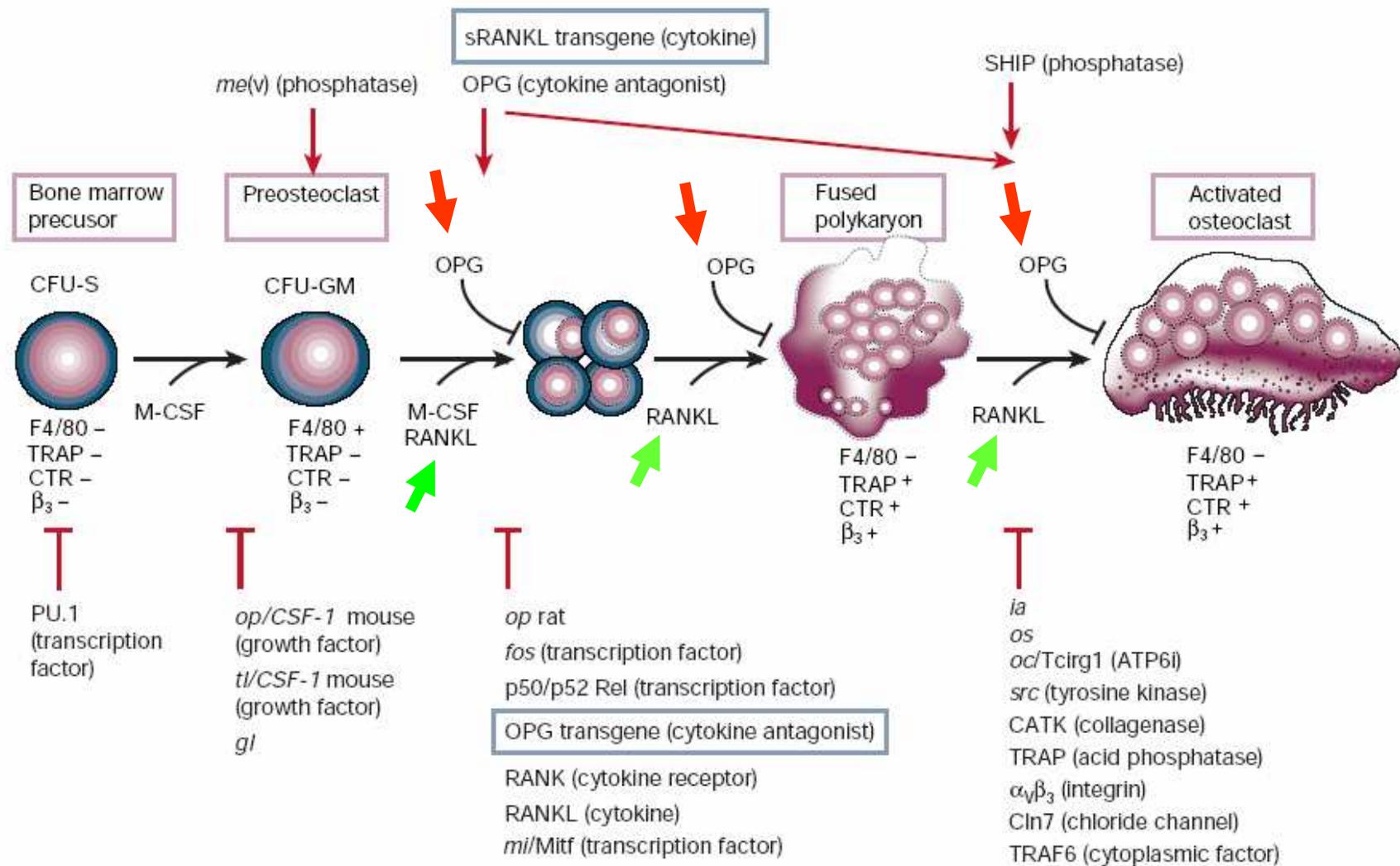
# L'atteinte osseuse



# La « petite main » du plasmocyte pour faire le sale boulot...

→ *l'ostéoclaste* ☹ !





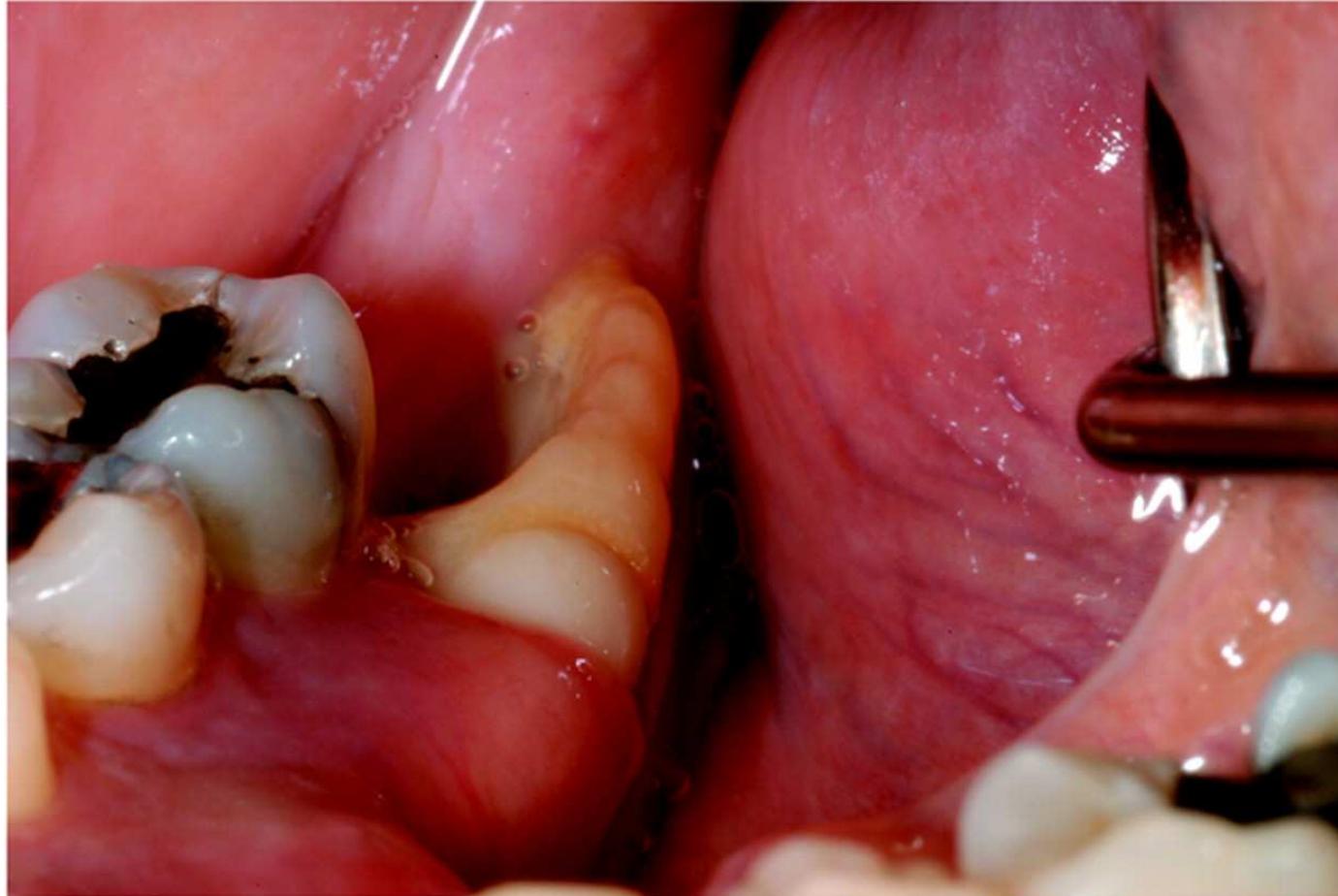
# Les bi-phosphonates

- Poisons des ostéoclastes

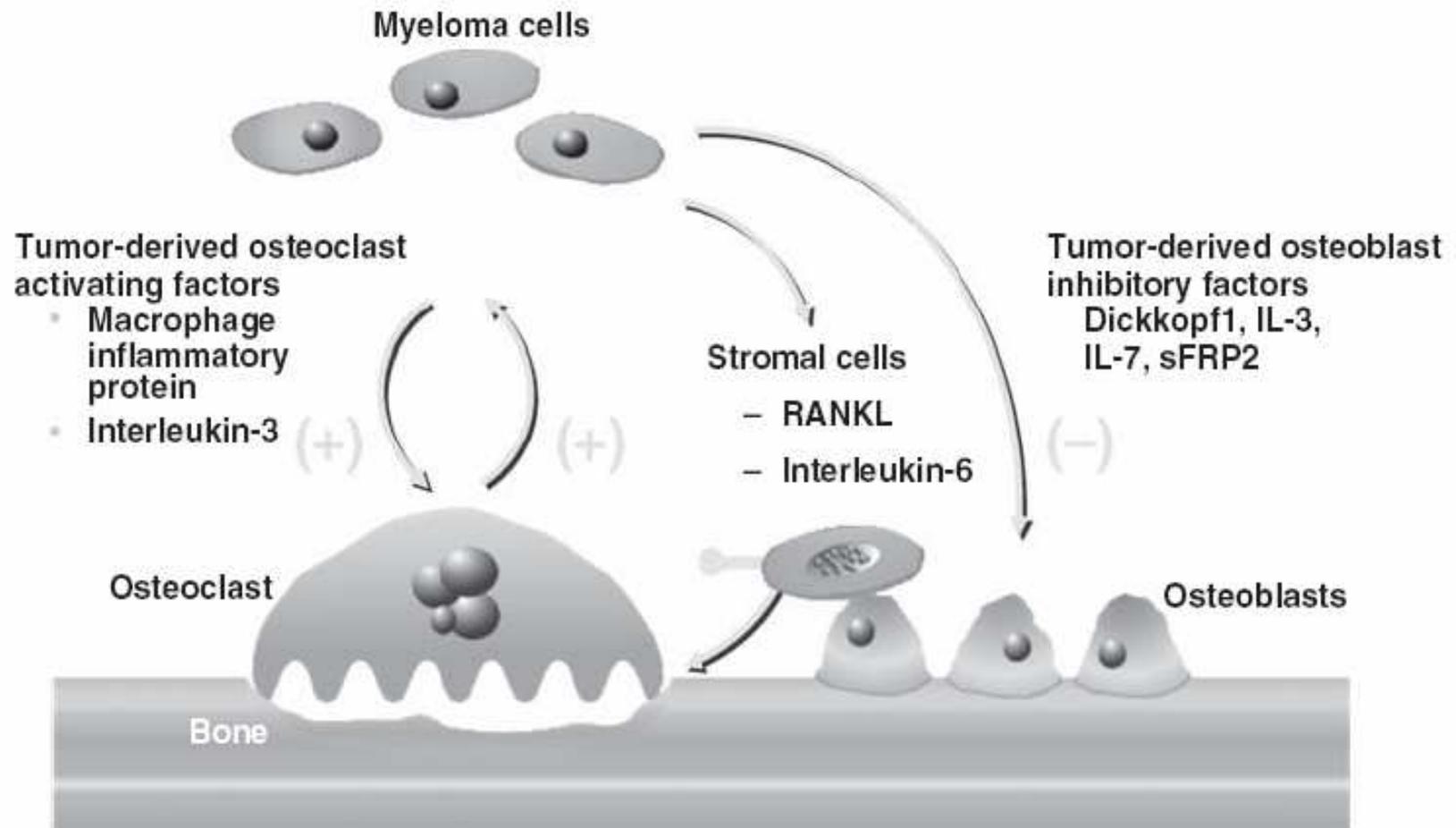
→ Zoledronate, Pamidronate, Alendronate, ...

... MAIS ...

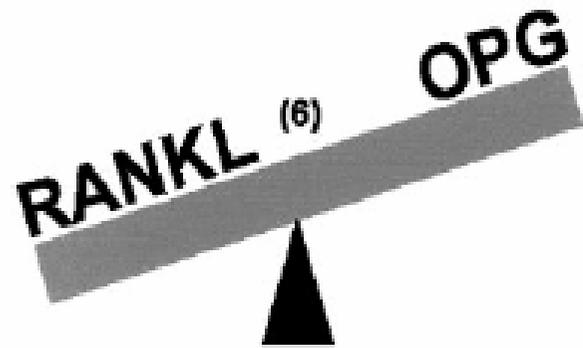
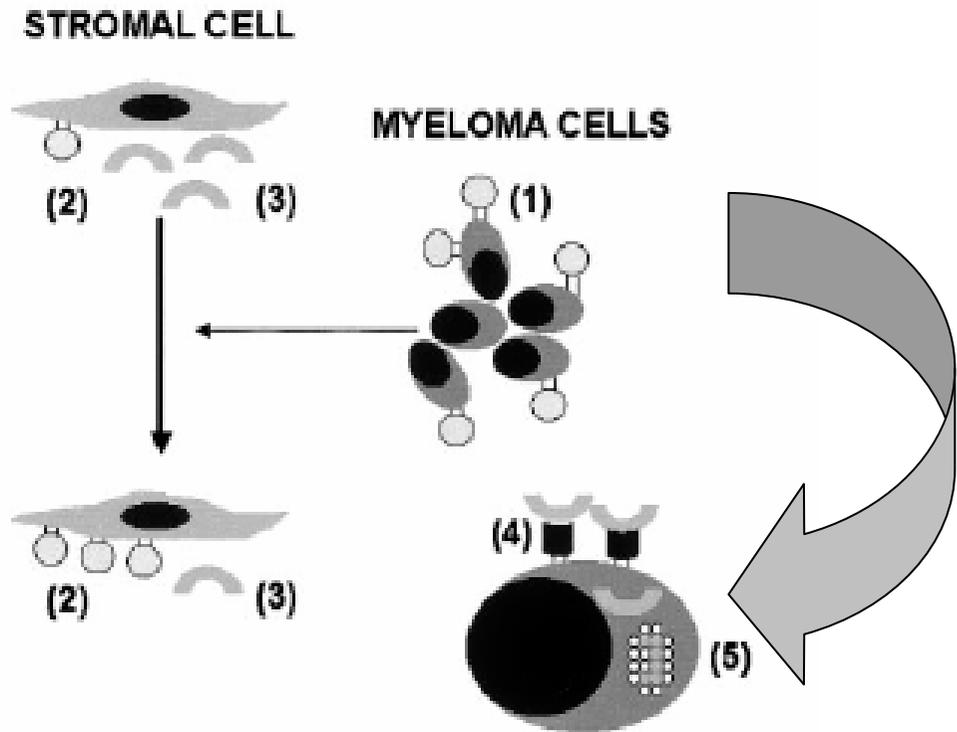
# Ostéonécrose de la mâchoire



# RANK-RANKL-OPG, MIP1 $\alpha$



L'axe  
RANK-RANKL-OPG



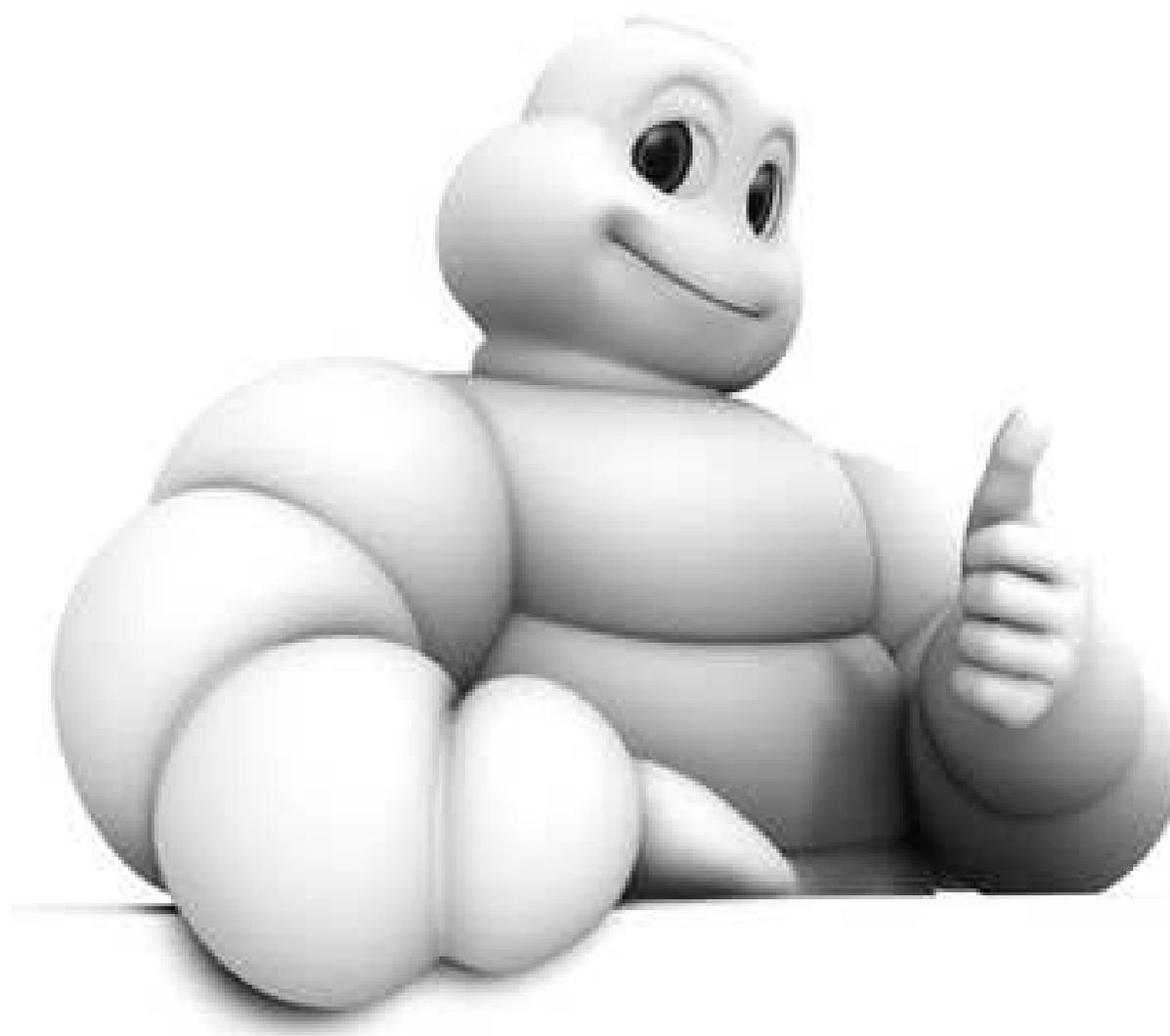
# Nouvelles approches thérapeutiques via des AC monoclonaux

- → anti-RANKL (DENOSUMAB).
- → anti MIP1 $\alpha$
- → anti DKK1

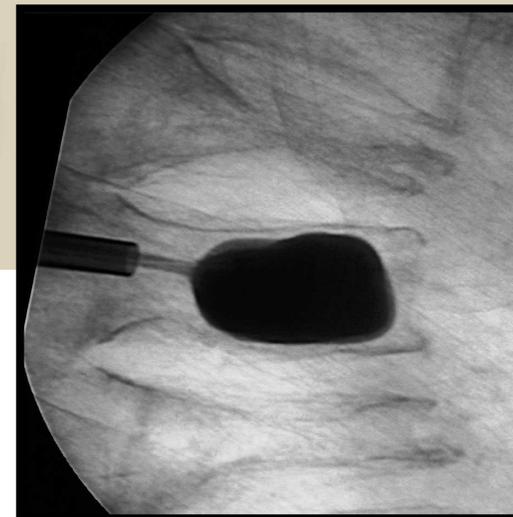
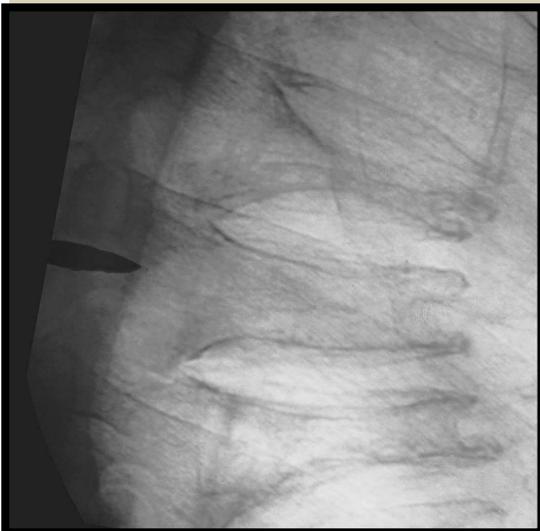
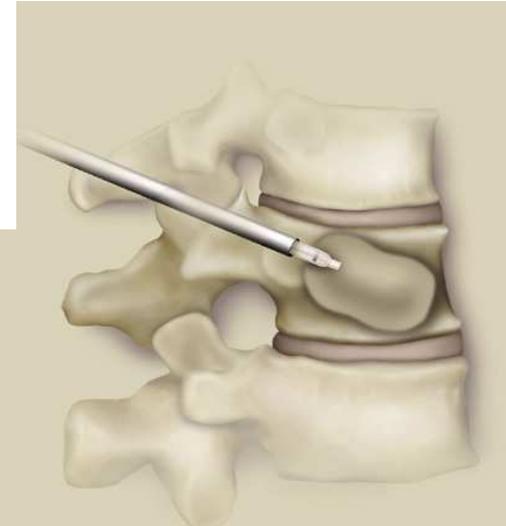
**Quand le mal est fait...**



**Un p'tit coup de gonflette...**



# Kyphoplastie



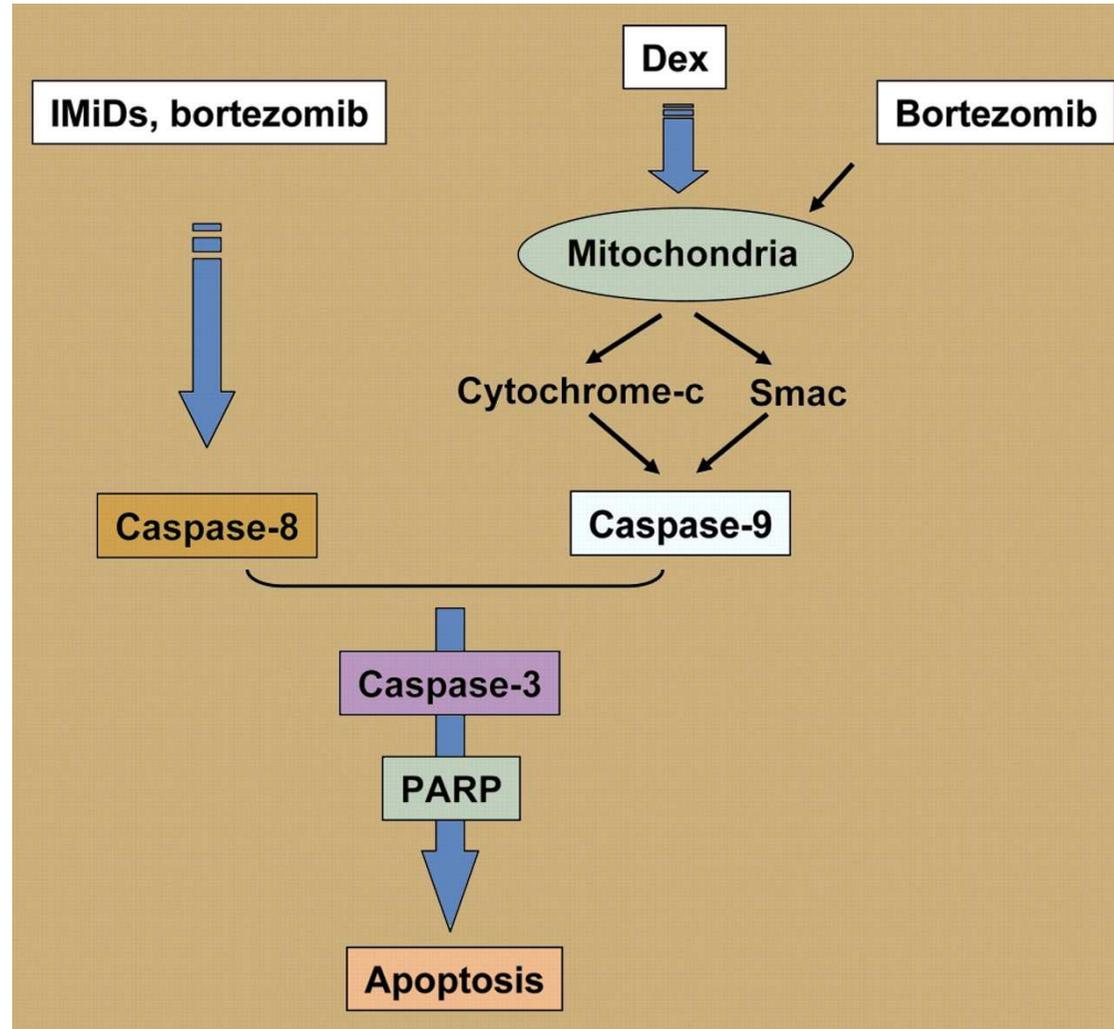
# Kyphoplastie: indications

- # tassement aigu et douloureux
- # tassement avec risque compressif
- # tassement avec cyphose +++
  
- 3 à 4 vertèbres « kyphoplastiables » par procédure!
- Association possible avec radiothérapie et/ou chimiothérapie
- Si compression symptomatique → chirurgie

# Les « nouvelles drogues »

ou « *comment dépasser le concept de chimiothérapie classique* » ...

# Toward a new therapeutic backbone in myeloma



Richardson, P. Blood 2007;109:2672-2673

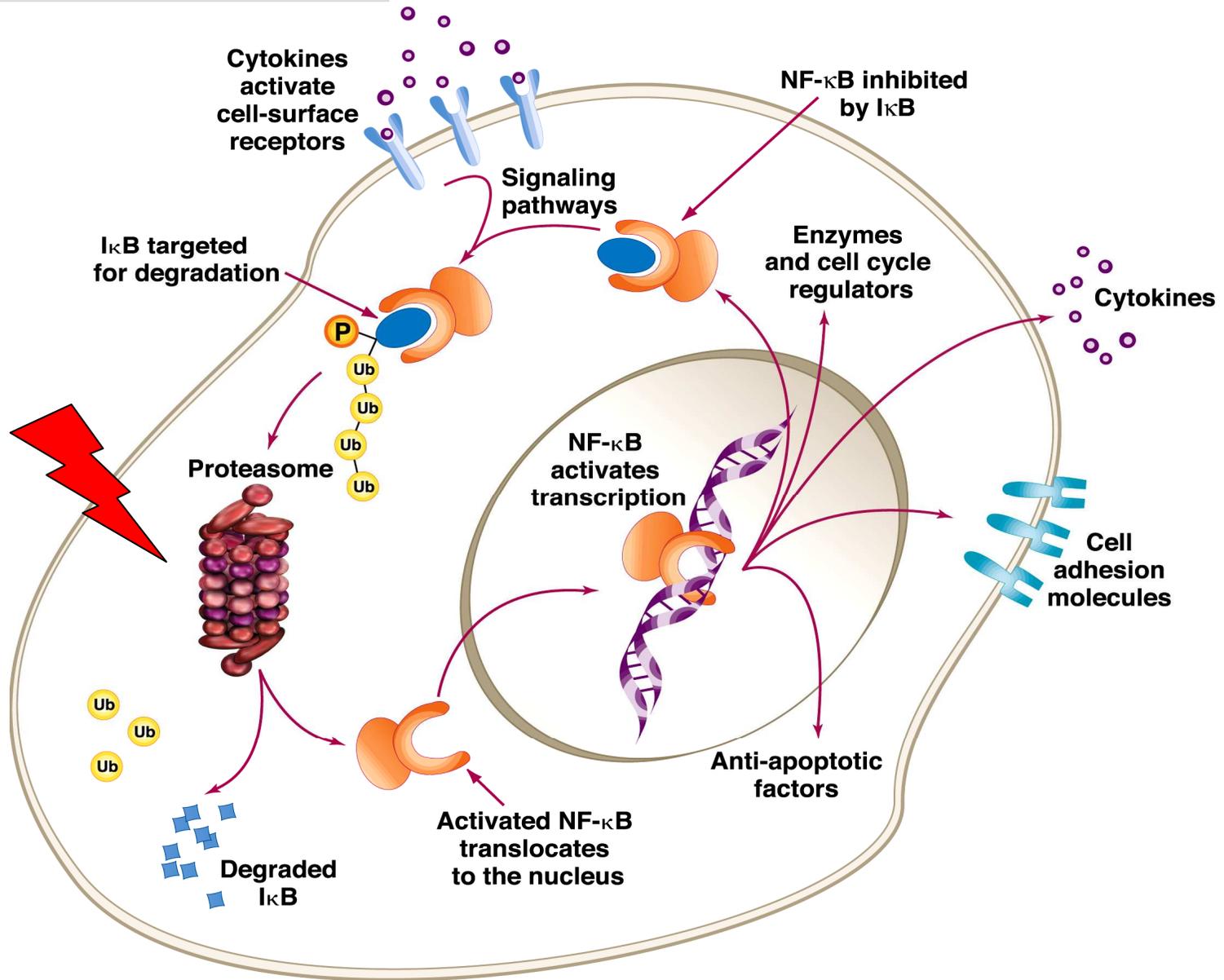
# Les « nouvelles drogues »

- Les inhibiteurs du protéasome: Bortezomib
- Les IMiDs: Thalidomide, Lenalinomide

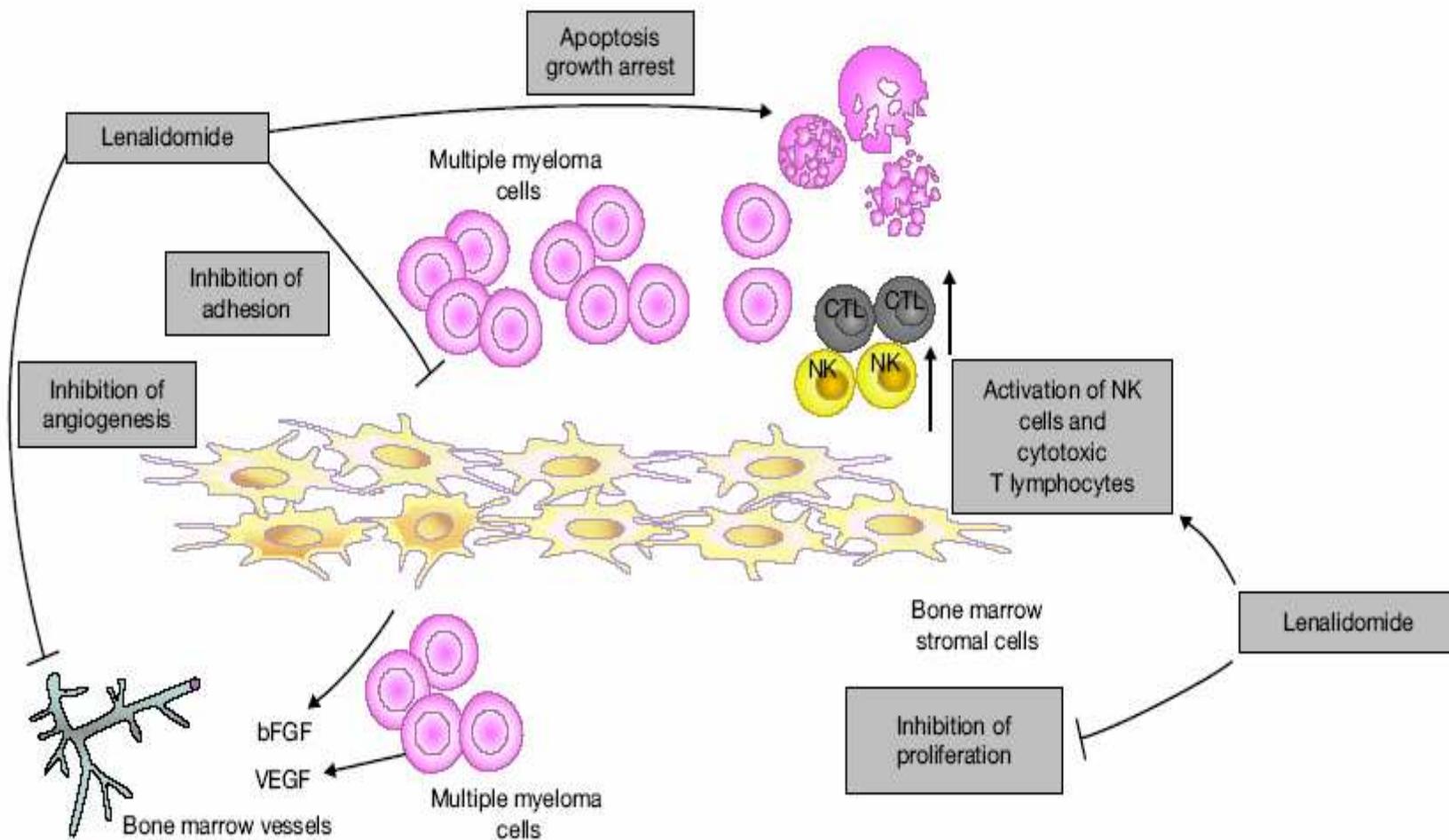
## Les futures nouvelles drogues...

- Autres inhibiteurs du protéasome: Carfilzomib
- Autres IMiDs: Pomalinomide
- Les inhibiteurs des histone deacetylases: Vorinostat, Panobinostat
- Et d'autres, encore...

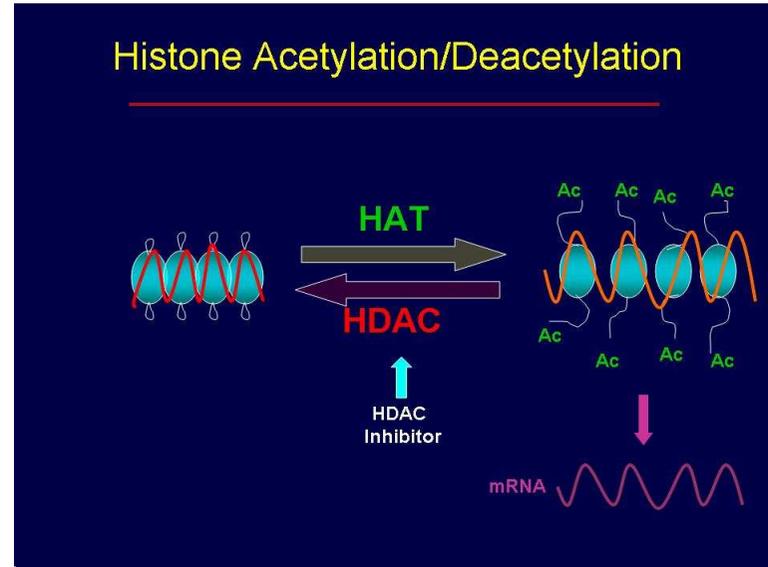
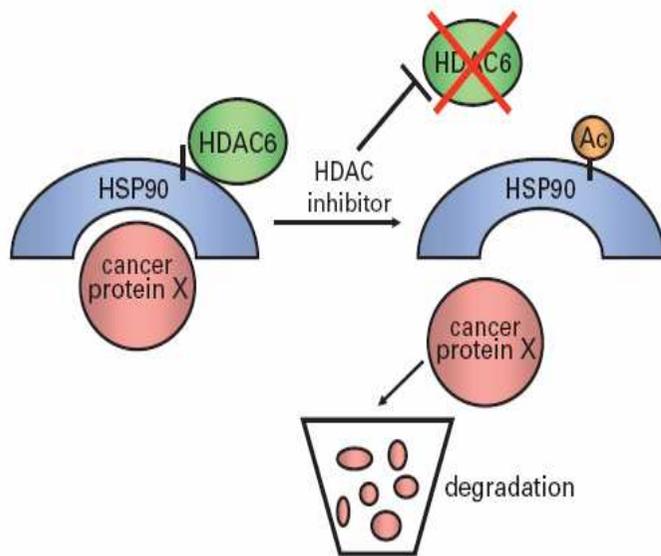
# Inhibiteurs du protéasome

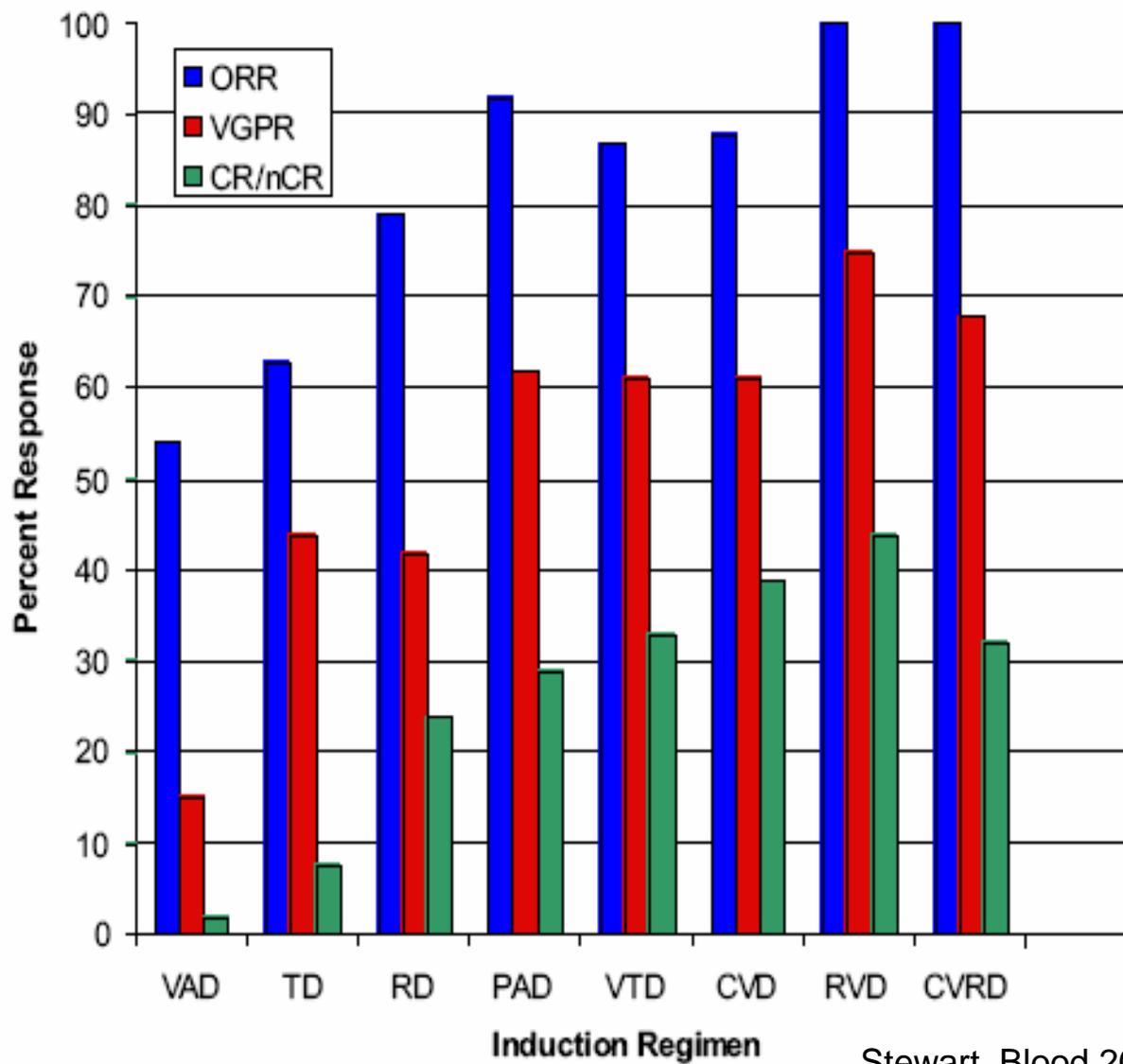


# IMiDs



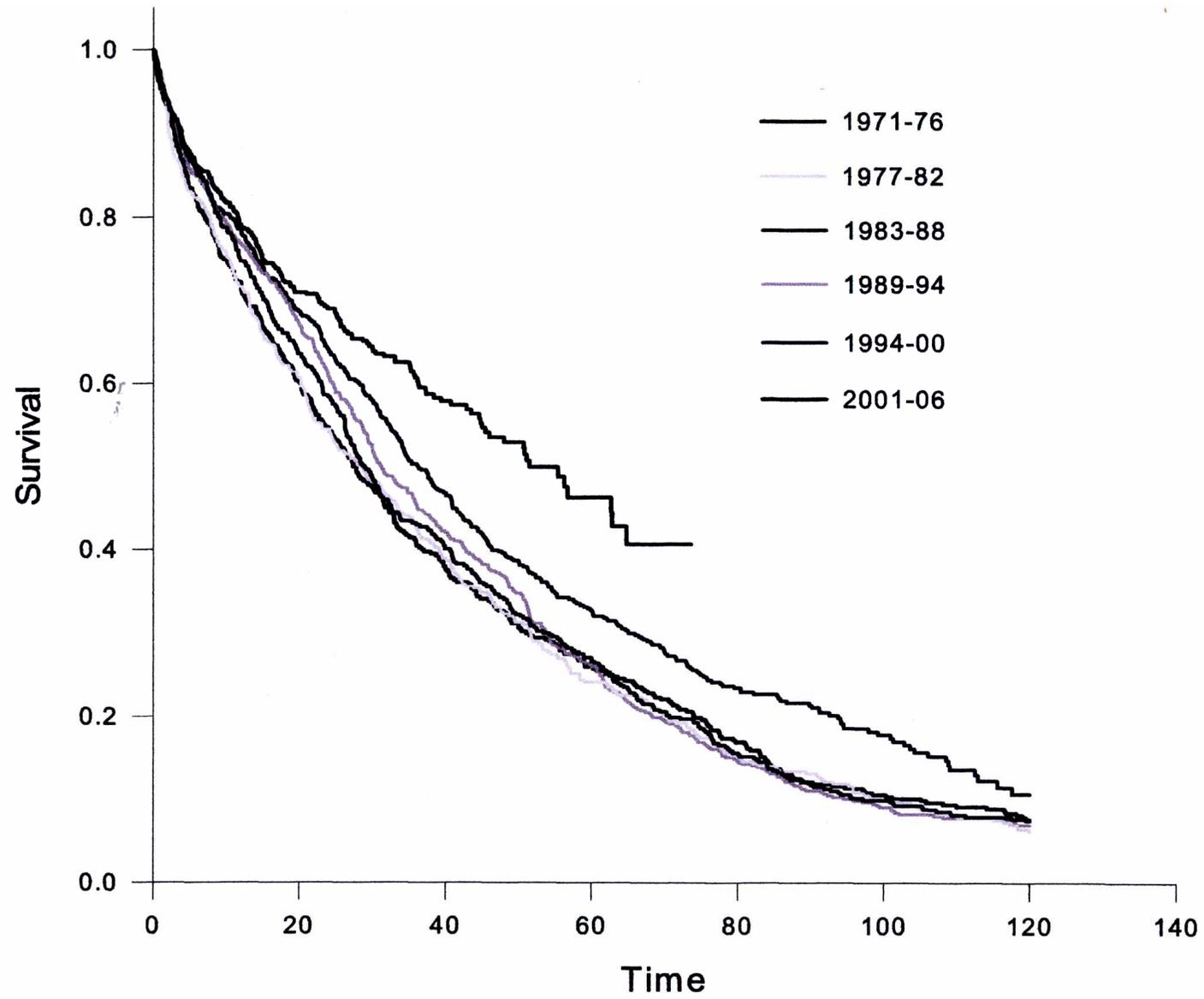
# HDACi





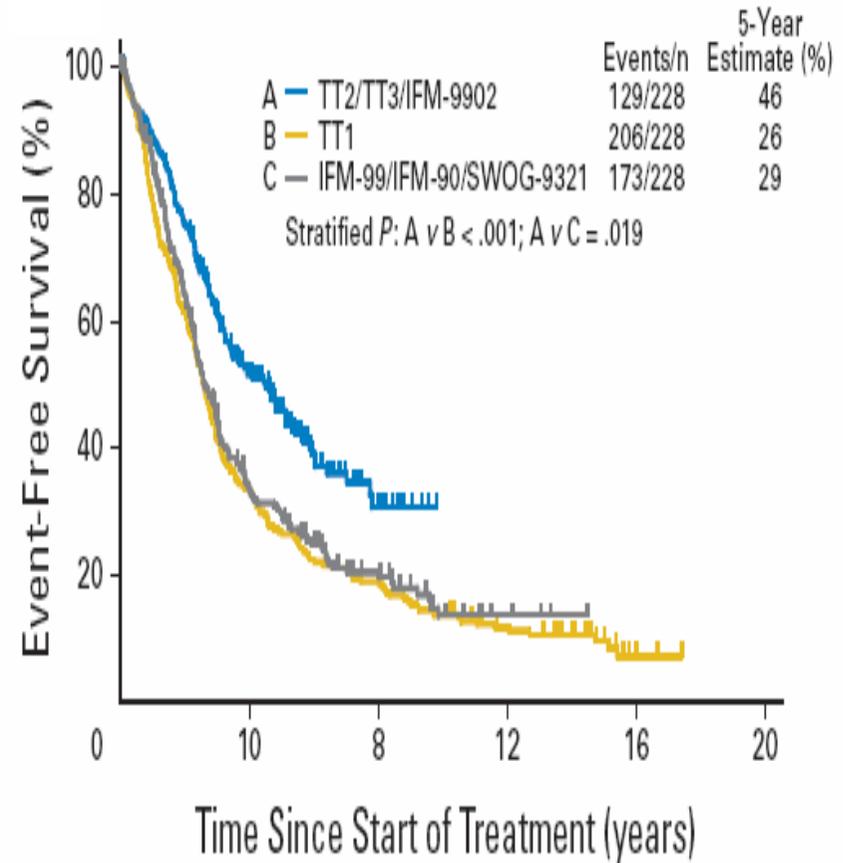
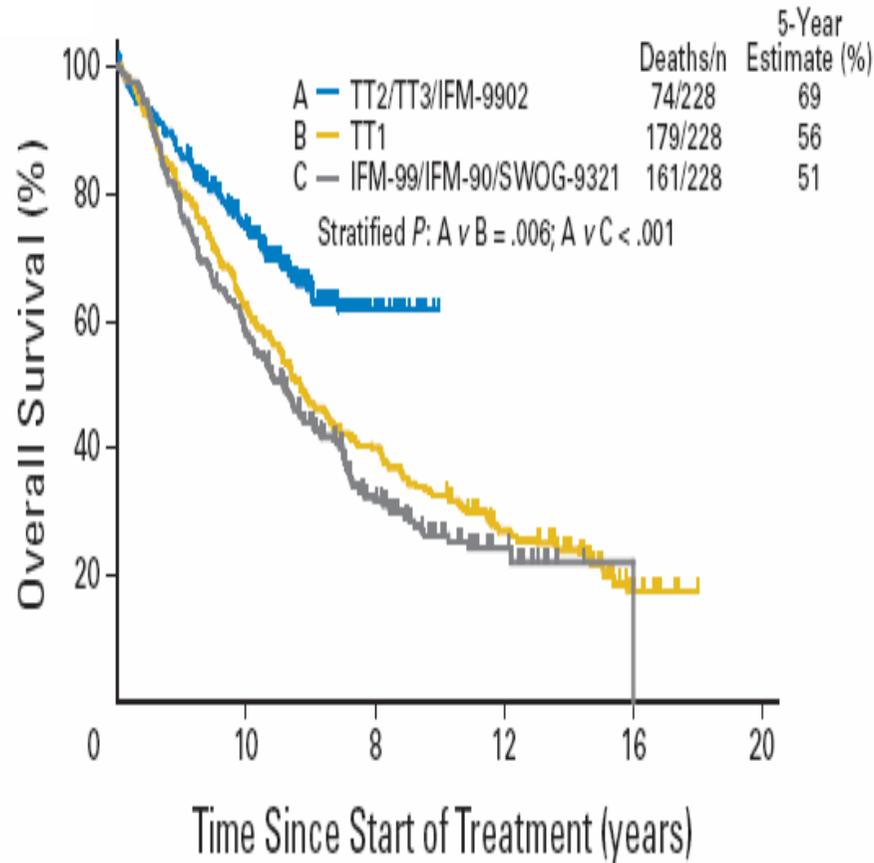
# Les nouvelles drogues

- Monothérapie versus combinaison
- Avant, pendant, après, sans greffe
- Concept de consolidation, de maintenance



Long-Term Follow-Up of Autotransplantation Trials for Multiple Myeloma: Update of Protocols Conducted by the Intergroupe Francophone du Myelome, Southwest Oncology Group, and University of Arkansas for Medical Sciences

Bart Barlogie, Michel Attal, John Crowley, Frits van Rhee, Jackie Szymonifka, Philippe Moreau, Brian G.M. Durie, and Jean-Luc Harousseau



# MYELOMA IFM 2009

VRD x 3

SC Harvest

5 x VRD

HDM + ASCT

2 x VRD

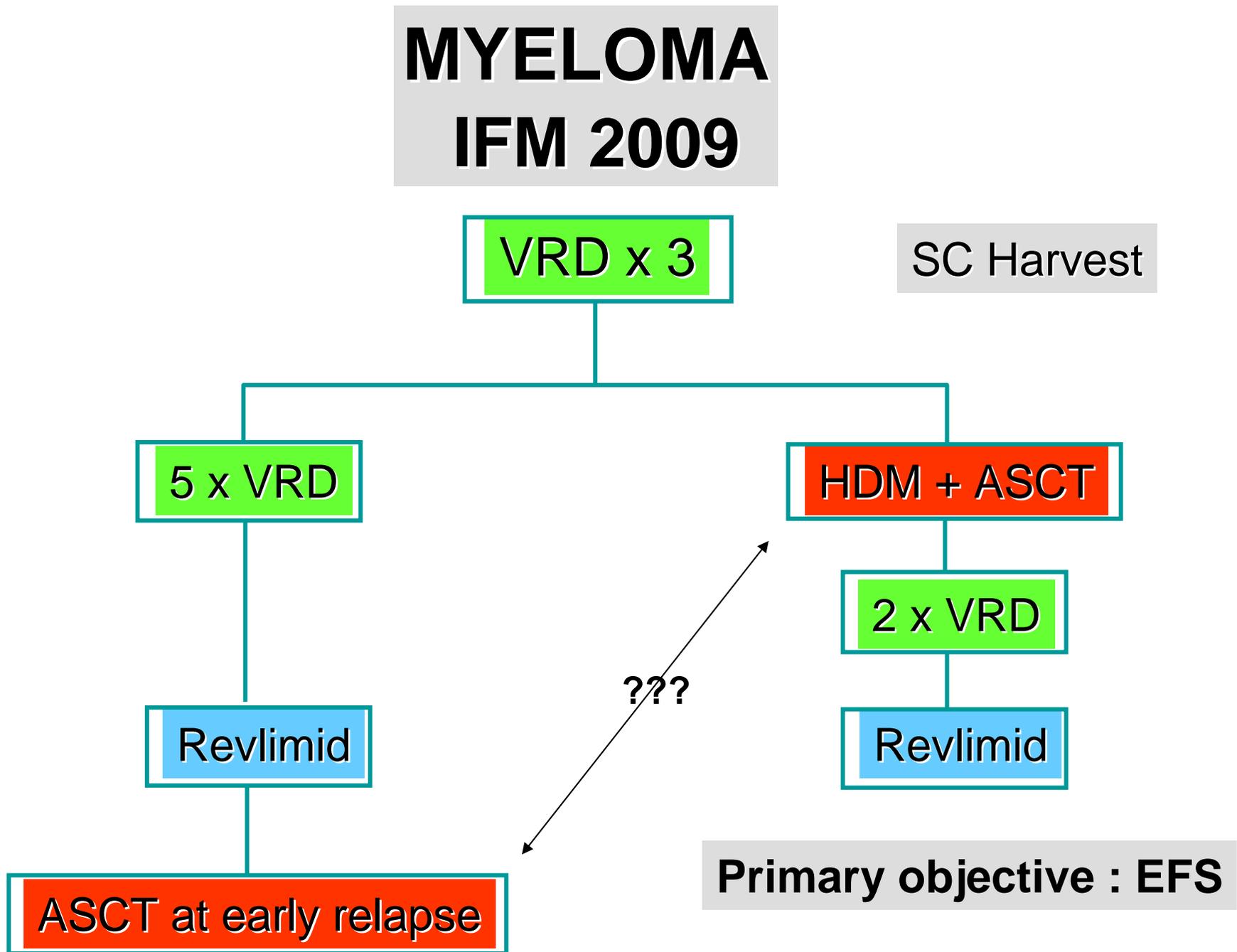
Revlimid

Revlimid

???

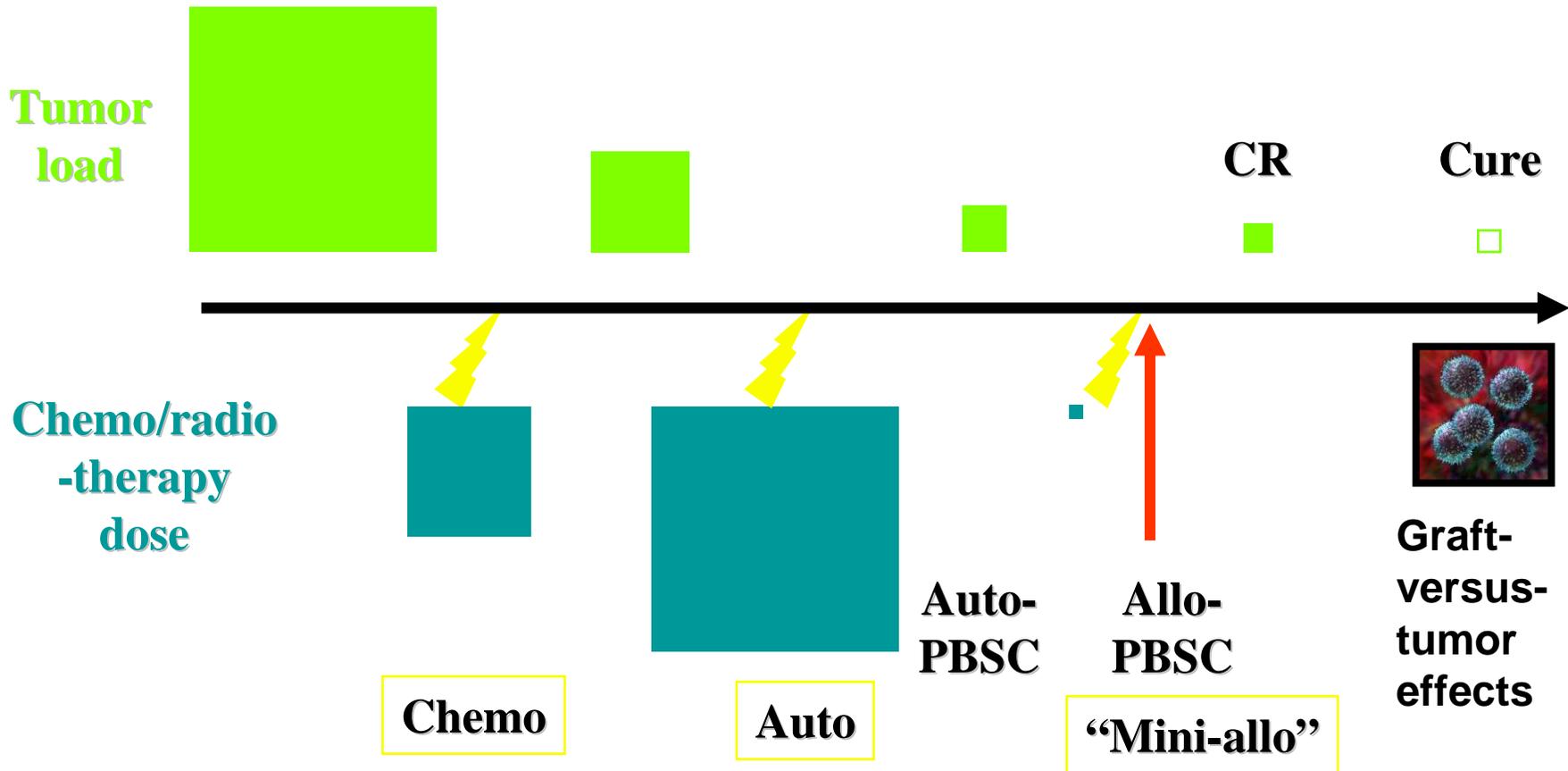
ASCT at early relapse

Primary objective : EFS



# Tandem auto-Mini HCT: the concept!

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# Mini-greffe... Maxi-effets?

« Bof »...

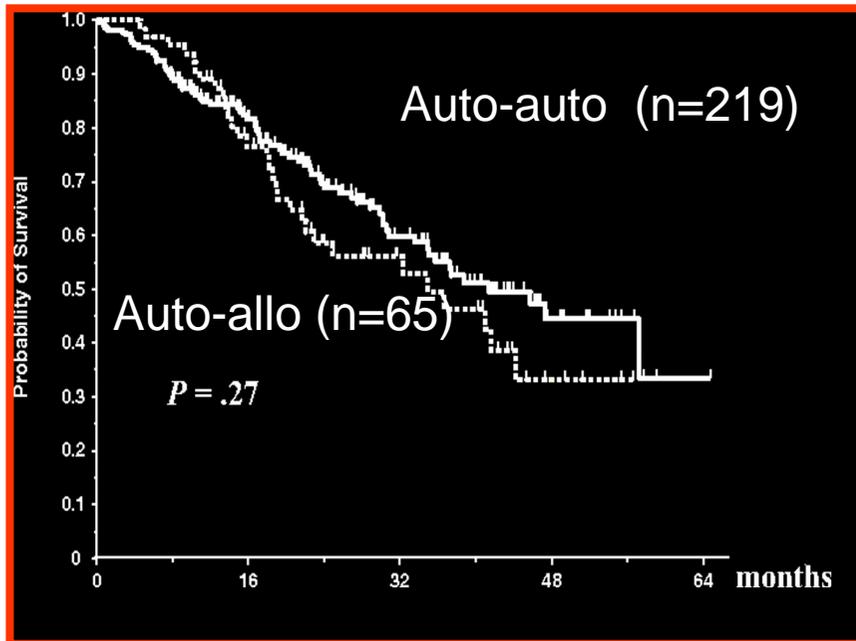


« Yes! »

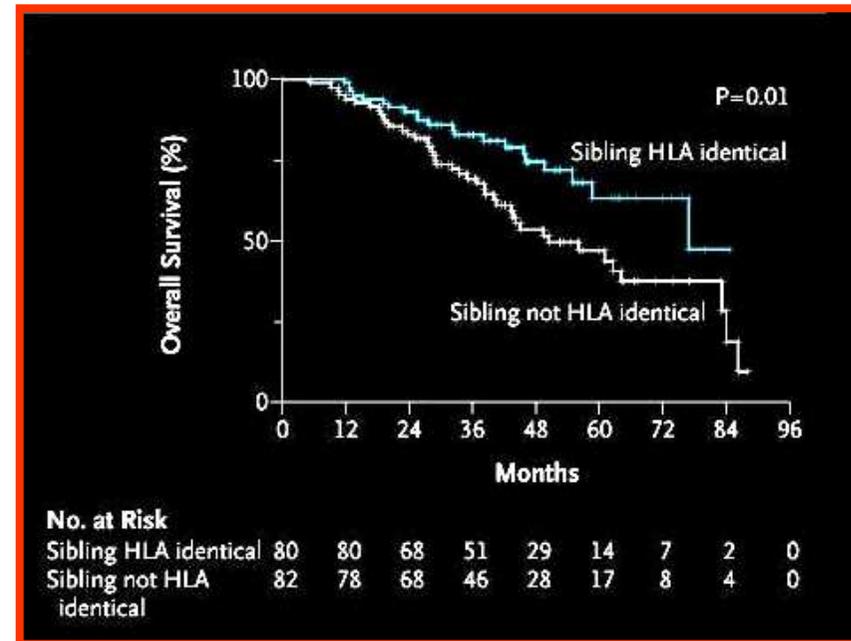
- ~ 15% de décès  
« toxique » à 5 ans
- ~ 60% de maladie chronique du greffon contre l'hôte
- ~ 30% toujours sous immuno-suppresseurs à 5 ans

- Effet GVM
- Plateau sur la courbe de survie  
→ guérison ?!

# Tandem auto vs tandem auto-minigrefe



Garban, F. et al. Blood 2006

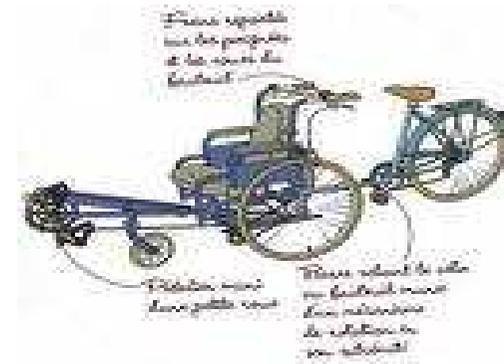


Bruno, B. et al. NEJM07

« Asking a transplanter if he wants to transplant a patient is like asking a monkey if he wants a banana »

Georges Cannellos, MD

# Science et état d'âme...



Bruno, Rajkumart, Barlogie, Stewart, Rosinol, Bensinger, Moreau, Gratwohl,...

# En conclusion

- MGUS → risque de lymphopathie.
- MGUS = état prémyélomateux, évolution imprévisible.
- Apports des études génétiques: balbutiements cliniques.
- Contribution du dosage des chaînes légères libres au diagnostic et dans le suivi.
- Importance de l'axe RANK-RANKL-OPG → nouveaux traitements des lésions osseuses.
- Apport des techniques non invasives (kyphoplastie).
- Modifications radicales du traitement avec les « nouvelles drogues »
- Allogreffe avec conditionnement atténué (RIC, « mini ») toujours expérimentale.

**Merci pour votre attention !**

